

NOVEMBER 2024

CESHVAN 5785

# Shabbat Chai



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**Kristallnacht**

# CONGREGATION BETH ISRAEL'S *Newsletter*



Congregation  
Beth Israel  
*of the*  
Merrimack Valley

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Suite 301  
Andover, MA 01810

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www.BethIsraelMV.org

Congregation Beth Israel

Where the old is made new,  
and the new, holy.

Congregation Beth Israel

A spiritual oasis for the Jewish community!

Moving? Email change? Please inform us of your new address.

# Lach L'cha!

By Rabbi Howard Mandell



We are just starting a new month in the Hebrew calendar, *mar heshvan*, or “bitter heshvan.” The month derives its name from the fact that there are no Jewish holidays in the month. As I mentioned to a Shabbat morning minyan recently, however, with so much of life being about perspective, if you were to ask a group of rabbis what they would call this new month, most would say, “Samach heshvan, “joyous heshvan.” Why? Because there are no Jewish holidays in the month.

On a more serious note, we are entering the year 5785 and the month of mar heshvan with the State of Israel being faced with a number of military and humanitarian challenges and with our own nation badly divided in a number of important ways. It was primarily for these reasons that I chose *hakrat hatov*, or “gratitude” to be the main topic of my day 1 *Rosh Hashanah D’var Torah* and *Tikvah*, or “hope” to be the focus of my sermon on *Yom Kippur* day.

Yes, I, each of us, despite all the challenges in our personal lives and in our respective communities, have so much for which to be grateful. I thus asked Janet to please compile for me a list of all those who helped make the High Holy Day services flow so beautifully and to provide so much meaning and joy. My original intention was to address and thank each person by name in my column today. When I started counting the names on the list that Janet provided me, I realized, however, that if I included each separate name, my column would be even longer than the longest genealogies in the Torah.

So, what I have decided to do instead, is to thank each and every one of you by making a donation to the synagogue in your collective honor, If you found the High Holy Days at the synagogue to be joyful and rewarding, if you have gratitude for the many blessings in your lives, I would respectfully ask you, too, to consider making a contribution to the synagogue, to the Rabbi’s Discretionary Fund, or to the charity of your choice, for giving tzedakah, in the Jewish Tradition, is one of the most important ways that we show gratitude to God, to our community, and to family and friends.

Another important lesson that our Tradition teaches us is to always try to end a teaching, a sermon, a section, or a book of the Bible on a positive note. As we are all too aware, over 300 Israelis, mainly young people, were killed, raped, and/or kidnapped by Hamas terrorists, while attending the Nova Music Festival, near Kibbutz Re’im, on October 7, 2023. Reflecting the resilience and unwavering hope of our People for the past

Continued on Page 3

# Lach L'cha!

By Rabbi Howard Mandell



2,000 years, our Israeli brothers and sisters have bravely coined a phrase that is going to be one of the ways that I try to maintain gratitude and hope. during the coming year, whatever may occur: “[W]e will dance again!”

This inspirational message calls to mind for me the words, first, of Rabbi Jonathan Sachs, z.l., who reminds us of our own personal responsibility to heal the world, and second, of the Psalmist, who calls upon us to reach out to God in difficult times:

## **Rabbi Jonathan Sachs**

“We Jews are a people of hope.... Having faith and hope means seeing the world exactly as it is; yet, at the same time, not giving up on the belief that it could be otherwise if we are willing to work with others to make it so. Faith is realism that has been touched by hope, and hope has the power to change the world.”

## **PSALM 121**

“I lift up my eyes to the mountains—where does my help come from?

My help comes from Adonai, the Maker of heaven and earth.”

Wishing everyone joy, gratitude, and hope filled 5785!

Rabbi Howard Mandell

# Lach L'cha!

By Rabbi Howard Mandell



Continued from Page 3

## Our Break Fast



### CBI'S & TEMPLE BETH EL'S TREES OF LIFE

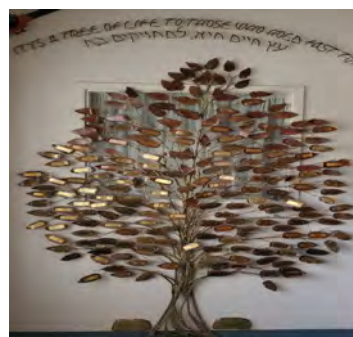
It is a Tree of Life  
to those who hold fast to it!

Many special occasions in the lives of the members of our Congregation are recorded on the leaves of the Trees of Life in the Sanctuary. There is room for more!

To honor the special people and milestones in your life, please consider having a leaf engraved with a personalized sentiment.

We now also have rocks available for engraving which will 'strengthen' the base of the tree.

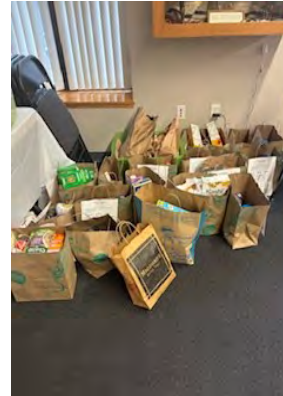
For more information on how you can preserve your memories, please contact Janet in the office



## CBI Social Action Committee

### Yom Kippur Food Drive

As you can see from the pictures below, The Social Action Committee ran an extremely successful food drive. Thank you to Hilary Guida for picking up the shopping bags from Whole Foods and stapling the flyer to each bag.



### Social Action held a Postcard campaign to fight voter suppression in Ohio on Sunday, October 13th!

With support from [JALSA](#), the Jewish Alliance for Law and Social Action, CBI's Social Action Committee hosted a postcard-writing campaign to help combat rampant voter suppression laws that have recently been enacted. Our event focused on Ohio, where new laws make it more difficult for college students, people with disabilities, and others to vote. The postcards will alert people to the new laws so they will be prepared to cast their votes and have them counted.



# Experiencing and Fulfilling a Meaningful Religious Life, Part I – First Day of Rosh Hashanah By: J.J. Golner

I have been asked to speak to you this morning on the topic “Experiencing and fulfilling a meaningful religious life.” I agreed to give it a try:

I hope to accomplish this task in a brief but somewhat convoluted way so please indulge me for the next several minutes.

What follows has **not** been sanctioned by any rabbinical authority to my knowledge but I intend to offer an approach not just fashioned by a reluctant two years of Hebrew School lessons in my home town of Roxbury, but from a lifetime of living and learning, as well.

By the way, the word “sanction” that I just used is quite peculiar in itself. It has two meanings, one very opposite to the other. Sanction can mean “go ahead, that’s great” or “that’s a big no-no, it’s not allowed.” The context in how its versatility can be used will play out in the conclusion of my remarks. So, hold on to your seat!

When we are born, besides being the object of this wondrous miracle, we are gifted with two, life-time elements, for the lack of a better term. These are a shadow, yes, a SHADOW and more importantly a soul, S-O-U-L!

A shadow will follow you everywhere through the day and importantly, it helps to validate our very existence. It asks for nothing except a bit of light to sustain. Come nighttime it hides as we sleep and reactivates with the dawn of a new day. It requires no sweat on our part to perform its duty.

However, the soul – ah, that’s another story. Picture it as a **storage battery for cosmic energy**. It comes to us fully charged at birth, sufficient to get us through childhood years before it requires an energy boost, a recharge so to speak. And calling AAA will not help!

How then is this vital recharge accomplished? Well, not to be trite, but choosing right over wrong, acts of kindness, offering charity and respect for our parents and elders and so on, are reasonable approaches. Even still, as we get older, these remedial measures lack sufficiency to assure our entry to the long sought, you guessed it - **AFTERLIFE**; - yes, this is a Jewish belief, but the ticket to this so called Paradise requires bringing an **enhanced soul** along with us. Ah, there’s the rub – and forget the shadow, it ain’t coming with you, it’s gone, poof!

Then the 64 dollar question becomes, how can we attain this elusive goal? Well, there is a fairly simple way to recharge this precious soul of ours in addition to those deeds previously mentioned. How you ask? Why not try attending a Shabbos morning minyan at CBI? Here, over a few hours, you will find camaraderie, interesting personal stories, an after-Torah sermon and you can pray or simply meditate in any language or manner that you are comfortable with. You can even **stutter and stumble, mutter or mumble** and Hashem will still hear you. No ritual pre-knowledge is required. We’ll even help you find the proper page in the Prayer Book, the siddur, if so desired. And how about the after-service kiddush, a meal in itself, or as Elaine Winic would exclaim, Yummie!

So there you have it, - you’ll leave the shul, with a re-energized soul to take you through the week and perhaps further, as we all hope. What could be better - and best of all our own Rabbi Mandell **sanctions** it. **Oh**, there’s that word again. However, politics and cellphones of course are also, thankfully, **sanctioned too!** Sorry about that!

Try it, you’ll like it and maybe even make it a habit! L'Shanah Tova!

**Experiencing and Fulfilling a Meaningful Religious Life**  
**Part II – Yom Kippur Morning Service**  
**By: J.J. Golner**

Thank you, Rabbi, for allotting me a few minutes on this very busy day of prayer to expand on my remarks offered during the first day of Rosh Hashanah.

I want to start by apologizing for having to read from my script, but **I'm old**, I can feel it in my bones, see it in my children's eyes, I can hear in my voice - yes **I'm old**. 11 years ago I never thought I'd get to say those words, as Rabbi Mandell might attest to.

But I'm not sad. Age sometimes comes with wisdom and understanding! Now, I view life as mimicking a rainbow, yes a rainbow! Bear with me for a few minutes as I attempt to explain my analogy with a brief fantasy tale I have conjured. I think it also ties in nicely with this Day of Atonement.

In my tale, we start our life's Rainbow Journey on the day we exit from our mother's womb. We then travel slowly on this beautiful arc on either a short or a long trail or anywhere in between, slowly ascending to its zenith, around middle age perhaps. From there, we turn east and begin our decent to its nadir in Jerusalem, arriving on the day of our expiration, predetermined by God.

So where does a promised "**free will**" enter the picture? Good question! Well like any real rainbow, ours exhibits the spectrum of light from red to blue, but in my tale these colors represent the manifold variety of **paths of life** we choose to travel on. Voila, there's our promised free will! Not surprisingly the path's end does not yield a pot of gold but rather something far more precious, a transit pass to a place we Jews refer to as Sheol.

Sheol, I picture to be a celestial Grand Central Station; in essence a meeting point where the newly departed soul-entities mill about waiting for God's arrival, - to pass final judgement. All life records are meticulously kept there. New arrivals are pouring in on a daily basis. There is much scurrying about, - confusion, chaos and anxiety is rampant. Where do we go from here some cry out? But soon these fears are allayed by the sound of celestial music, wafting over the throngs, eerily played by a harpist, - of course. Then a mysterious, but firm voice, perhaps angelic, calls out for their attention. "**The first group to receive Divine judgment will immediately assemble at Gate #3.** You have been the Hitlers and Putins of the world and you show up here with little if any soul left, what *chutzpah!*" "**Fie on you!** Get on the elevator, no dallying" the voice continues, "and descend down, down, down to the final stop – **Gehenna**," - which incidentally is the Jewish version of Hell - "and there you will rot for eternity." A harsh judgement indeed, but well-deserved.

The next crop of souls to be dealt with are those souls that failed to reach life's end in their required, fully-charged, enhanced state. (Here, I'm referencing the remarks I made on Rosh Hashanah that some of you might remember.) God knows who you are and informs them that their departure will be through Gate #2. They are told to board the bus to **Resurrection** Central, another Jewish belief, where they will be re-educated on the need for soul enhancement, given a new persona, followed by a return to earth to have another go at it. And lastly, those with fully recharged and enhanced souls are to be lovingly escorted to Gate #1. Who knows, among them might be a soul belonging to a deceased CBI minyanaire who had fortunately taken heed of our earthly pleas. They now receive their robes and are awarded entry to the long-sought eternal **Afterlife** we often refer to as **Heaven** – there to be greeted by predeceased love ones and be free to play pickle ball, Bingo or Canasta or whatever, until the end of time!" Often, Hashem will return them to earth as "angels on assignment!" Maybe you have encountered one!? You ask about sex – sorry I have no idea! You'll have to wait and see!

That about sums it up -- and now we should turn our attention back to our Mahzorim and pray that the color, or the so called "path of life" we have chosen includes **our** names, inscribed and sealed in the Book of Life - for yet another year on this imperfect but beautiful planet of ours. *Aliveye* !

*Baruch Hashem* and L'Shanah Tovah.

**2024 Yom Kippur Message**  
**Caren Jacobson**  
**Enriching Social Interactions at CBI**

I am here to share my thoughts on the CBI Pillar, “Enriching our Social Interactions.”

I translate this to mean: Creating and developing strong relationships with one another and developing community at CBI.

I think this begs at least 2 questions.:

How do we create these relationships and community?

How do we know when we achieved it?

First question How do we create these relationships and community?

The first step and most important step, though it may seem simple minded, is BEING together. The trick is then to figure out what draws us together. Why would we want to be with each other. We are all so different, or maybe not We may each relate to Judaism and our Jewishness in different ways and therefore wish to connect with our synagogue in varied fashions. Our goal is to find many ways for us each to connect and hopefully one or several will be that spark of connection for each of us. Here are some ways we like being together.

I'll share a spark for me. I like coming together in a minyan and davening together and for me that often means being able to sing together at high volume, often off key but it doesn't really matter because what I love is the sum of our voices together. In those moments I felt the strength of our community. I know it's kind of sappy but it's true.

Eating together, what could be better. When we eat together, we talk together, we laugh together, we learn about each other and we develop relationships with each other, which means we want to share with each other.

Opening our homes to one another..... Something happens when we are welcomed into each other's homes. We begin to know more about each other and that brings us closer.

Reading books together and sharing our thoughts on matters large and small. Helps us understand each other and learn what makes each of us tick.

And then there's Fun together. As Robin Rose likes to say, “How about just some Fun to get us together” like watching a football game together, taking walks together, watching plays and movies with Jewish themes together and of course eating afterwards too. Or a games night, Chanukah party or listening to music together. We are even planning a bowling night. Now that's pretty retro, think 1950s. Remember people who bowled together stayed together.

Here at CBI, we do have a program committee with spinoff committees, which is no way exclusive, always looking for new folks to participate and reenergize with new or old thoughts. The goal is trying to capture the pulse of CBI and what draws us together.

Second question: How do we know when we have achieved our strong relationships and community?

I believe one way we know our relationships and our community is strong is when we are there for each other in both joyous times and grievous times.

*Continued on Page 9*



**2024 Yom Kippur Message**  
**Caren Jacobson**  
**Enriching Social Interactions at CBI**

In this past year since Oct 7<sup>th</sup>, 2023 I know I have been grappling, we have all been grappling, with the enormity of the tragedy in Israel since the Hamas attack. I know we have all shared with one another our sadness, our worries, concerns, our feelings of guilt for sleeping in our comfortable beds at night, our endless need to hear, read, see the news, witnessing from afar so much death, destruction and hardship, hearing our Israeli cousins say they have no hope for the future in Israel and yet they probably won't leave it, seeing factions in Israel struggling to try to live and survive in an uncertain future. During these times we have come together in groups facilitated by Bob and Hilary to help us try and process some of our thoughts and feelings. CBI continues to be a safe place to articulate our personal thoughts in these difficult times. Sharing our thoughts has not lessened the tragedy but has made our lonely grief less lonely.

And then on Oct 15<sup>th</sup>, 2023, eight days later, we had the joyous Simcha, to honor Rabbi Mandell as he completed 10 years of service to CBI. We knew there was sadness and terrible grief, but we also knew that Simchas need to be celebrated together. People came from all over. Robin Insuik came down from Maine, the Silversteins came from the Cape. The Rabbi's family including a son and siblings came long distances as did some of his friends. Colleagues from Merrimack College came as well as Co-Board members from the Lazarus house in Lawrence. It was truly special and the CBI community came out strong to support Rabbi Mandell.

So now you ask the question. How is this pillar doing? Is it holding our roof up? Is it keeping our souls in check? letting them intertwine and support one another?

By my estimation I would say yup.... very strong. Could it be stronger? Of course... But then again that's what makes life worth living....

I want to wish all of us a sweet and peaceful New Year. And as we say in my family, May we be written in the Good Book.

L'Chaim

## 2024 Yom Kippur Message Hilary Guida Learning and Growing

At this year's annual meeting, a focus was on the four pillars, which were determined to be the key values of CBI. They are:

- ✧To experience fulfilling, meaningful religious life
- ✧To experience the joy of helping others
- ✧To enrich one's social life
- ✧To keep learning and growing

I have been asked to talk about learning and growing Jewishly.

My story at CBI began with the rabbi asking me if I would like to be a gabbai. I told him I could not do that because I was untrained, having a limited Hebrew education and not having had a Bat Mitzvah. He asked me if I would like to have a Bat Mitzvah, offering to teach me. I was flabbergasted. I have a belief in being open to opportunities that come my way, especially for a goal I have had for a long time.

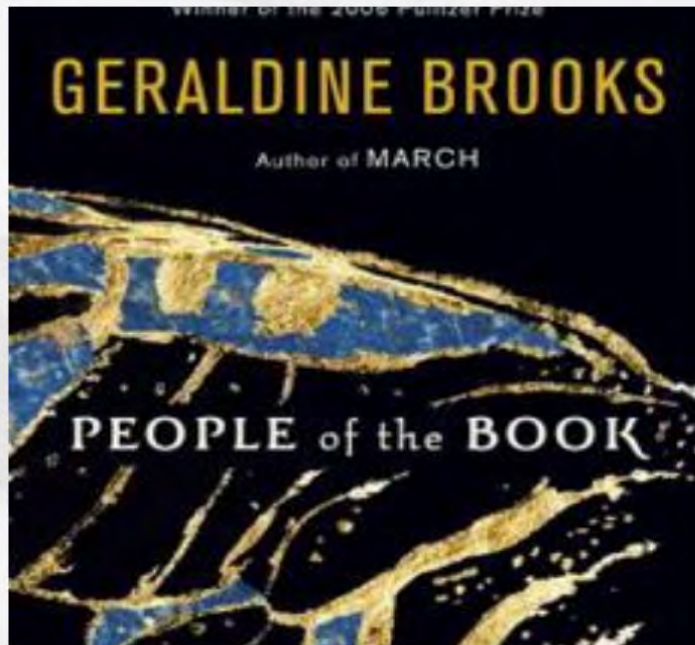
What followed were months of training and practice and then more practice. I strengthened my ability to chant Hebrew and learn trope. For my seventieth birthday, I had a Bat Mitzvah, which was spectacular. Congregants and my family celebrated with me at this joyful occasion.

Since then, I have been chanting Haftorah portions at Shabbos services on a monthly basis. Slowly but surely this is getting a little easier, still requiring much practice.

Why am I still pursuing this? The people who regularly attend Shabbos services are a small group. Each of us contributes in some way as an integral part of the service, which I find very rewarding. In addition to chanting Haftorah, I have become a Torah pointer.

I have a curious, analytical mind, and I love to learn. Last year I took a history course at a college and enrolled in a class about Mozart. I am a reader. Although these experiences are satisfying, faith-based learning has been more meaningful to me, appealing to my mind, my heart and my soul. Besides giving back to the community, performing holy mitzvahs for me is sacred. Little me is on the bimah chanting Haftorah and following the words from the Torah. Can you believe it? Sometimes I feel overwhelmed by these gifts.

I was not able to achieve these accomplishments alone. I am thankful to the rabbi, Elaine and Jeff who guided me throughout the process. I am grateful to everyone for allowing me to chant as well as I can. The individuals in this congregation are kind, generous and affirming. I am very grateful for finding my way here.



# Book Discussion

SUNDAY, NOVEMBER 3, 2024 @ 10:30AM

Join us for brunch and  
discussion of  
*“People of the Book”*

In Person or on Zoom

[https://us02web.zoom.us/j/82012992302?  
pwd=THd0Smd6ZzNlQZXE5RTViSMx  
vTD11UT09](https://us02web.zoom.us/j/82012992302?pwd=THd0Smd6ZzNlQZXE5RTViSMxvTD11UT09)

Meeting ID: 820 1299 2302  
Passcode: 289133



PLEASE JOIN US FOR  
**SHABBAT CHAI**

Potluck Dairy/Parve  
Dinner followed by  
Shabbat Chai Services

**NOVEMBER 8TH**  
**DINNER AT 6:30PM**  
**SERVICES AT 7:30PM**  
**FOLLOWED BY A**  
**SWEET ONEG**

Please RSVP to the office and  
let us know what potluck dish  
you will be bringing!





Please join us at the

**BOSTON JEWISH FILM  
FESTIVAL  
PRESENTATION  
OF  
"BAD SHABBOS"**

**AN INTERFAITH COUPLE WHO ARE ABOUT TO  
HAVE THEIR PARENTS MEET FOR THE FIRST TIME  
HAVE THEIR SHABBOS UPENDED BY AN  
ACCIDENTAL DEATH**

November 16th @ 7:00pm

Somerville Theater

55 Davis Square, Somerville

We purchased 18 tickets at  
the discounted rate of \$14

**THEN JOIN US FOR DINNER  
FOLLOWING THE MOVIE**

**AT**

**5 HORSES TAVERN  
DAVIS SQUARE**





**PLEASE RSVP TO THE OFFICE  
BY NOVEMBER 8TH**



**WELCOME TO OUR  
BOOK CLUB**



**THE COMMITTEE HAS  
CHOSEN THE 4 BOOKS  
FOR 2024-2025!**



**NOVEMBER - "THE PEOPLE OF THE  
BOOK" BY GERALDINE BROOKS**

**JANUARY - "WALKING LIONS"  
BY ALELET GUNDAR-GOSHEN**

**APRIL - "LAST WATCHMAN OF OLD CAIRO"  
BY MICHAEL DAVID LUKAS**



**JUNE - "GOYHOOD" BY  
REUVEN FENTON**



**JEWISH SINGER -  
SONGWRITER**

**CITY WINERY  
80 BEVERLY ST, BOSTON**

<b>STAGE PREMIER</b>	<b>\$55.00</b>
<b>PREMIER</b>	<b>\$45.00</b>
<b>ORCHESTRA</b>	<b>\$35.00</b>
<b>HIGH TOP</b>	<b>\$35.00</b>
<b>REAR ORCHESTRA</b>	<b>\$25.00</b>



# JULIE SILVER

**SUNDAY, NOV. 24TH  
@ 12:00PM**

[https://citywinery.com/boston/events  
/julie-silver-3sp9ws](https://citywinery.com/boston/events/julie-silver-3sp9ws)

## KIDDUSH SPONSORS NEEDED

We have a few dates still available for the remainder of the year. Do you have a Yahrzeit coming up? Special Birthday? How about just because?

We can do the shopping and setup for a small fee of \$75.

The following dates are available:

- ☆ November 9
- ☆ November 23
- ☆ December 21
- ☆ December 28

Please contact Janet at office [@bethisraelmv.org](mailto:@bethisraelmv.org) or at 978.474.0540.

## In Loving Memory

Memorial plaques for the loved ones of CBI members and friends who have passed away are on display in the CBI hallways to be viewed at any time.

To honor the memory of your loved one with a memorial or *yahrzeit* (anniversary of death) plaque at CBI, please contact Janet at 978.474.0540 or via [email](#). The cost is \$250 per plaque.

## CBI Cares

CBI Cares is here for you.

Please notify Barbara Moverman at

[Barbara.moverman@gmail.com](mailto:Barbara.moverman@gmail.com) or

Janet at

[office@bethisraelmv.org](mailto:office@bethisraelmv.org) if you know of someone could

# UPCOMING EVENTS AND HOLIDAYS!

- |               |                        |
|---------------|------------------------|
| ☆ November 3  | Book Review and Brunch |
| ☆ November 8  | Shabbat Chai           |
| ☆ November 11 | Veteran's Day          |
| ☆ November 11 | Board Meeting          |
| ☆ November 14 | Calendar Meeting       |
| ☆ November 28 | Thanksgiving           |
| ☆ December 9  | Board Meeting          |
| ☆ December 13 | Shabbat Chai           |
| ☆ December 25 | 1st night of Chanukah  |



## Rabbi's Discretionary Fund

Consider making a donation to the Rabbi's Discretionary Fund which gives Rabbi Mandell the ability to purchase or fund items that benefit the synagogue, our members, and our neighbors in need. Kindly send your donation to Janet in the CBI office, **check made out to CBI, including the notation "RDF"**, and it will be credited accordingly.

Thank you for your generosity!



## BOARD OF DIRECTORS

The CBI Board of Directors will meet on Monday, November 11th at 7:15pm *in-person* for their regularly scheduled monthly meeting.

All Board Meetings are open to the membership. If you would like to attend, RSVP no later than November 6th to Janet at 978.474.0540 or [office@BethIsraelMV.org](mailto:office@BethIsraelMV.org) and the Zoom link will be provided, along with an agenda.

The December 2024  
Bulletin deadline is  
Friday, November 22, 2024

Send your articles to  
[Newsletter@BethIsraelMV.org](mailto:Newsletter@BethIsraelMV.org) with  
"December Newsletter"

## BIRTHDAYS NOVEMBER 2024

### HAPPY BIRTHDAY

**יום הולדת שמח**

Alysa Dudley	November 1
Robin Rose	November 5
Ilana Pike	November 6
Howie Flagler	November 8
Rachel Abbott	November 10
Alissa Onigman	November 10
Ellen Rothstein	November 20
Peter Edelstein	November 21
Ali Flagler	November 21
Susannah Abbott	November 26
Ethel Somers	November 27
Rachel Ochs Sharpe	November 27

Best wishes for  
many more  
healthy and happy  
celebrations!



# Join us for Kiddush Luncheon following Shabbat Morning Services!

## THANK YOU OUR OCTOBER

### KIDDUSH / ONEG / SPECIAL EVENT SPONSORS

<u>Sponsor</u>	<u>Date</u>	<u>Occasion</u>
<b>Melodie &amp; Howard Teich</b>	<b>October 5</b>	<b>In honor of his 83rd birthday and the 70th anniversary of his Bar Mitzvah!</b>
<b>Rebecca Fishbein &amp; Mith Guttentag</b>	<b>October 19</b>	<b>In memory of her beloved father, Herman Fishbein</b>
<b>Robin &amp; Rick Pike</b>	<b>October 19</b>	<b>In memory of her beloved mother, Harriet Kaplan</b>
<b>Ann Macklin</b>	<b>October 26</b>	<b>In honor of Ruby's birthday</b>

Donations to the Kiddush Fund are always gratefully accepted.

Upcoming dates are available to honor / remember loved ones  
and / or special events / holidays.

Contact Janet for more information on Kiddush sponsorships.

# Kind & Generous Donations

## TEMPLE FUND

### FROM

### TO

### OCCASION

Michelle & Larry Soll	Amy & Steven Channen	Mazel Tov on Matthew & June's wedding
Caren Jacobson & Blair Roberts	Tanya Gould & Jeremy Finkle	Mazel Tov on the birth of your granddaughter, Miriam Bess Finkle Frank
Ellen & Richard Maltzman	Mrs. Janet Oxman & Family	In memory of your beloved sister and aunt
Ellen & Richard Maltzman	Mr. Dipak Shah & Family	In memory of your beloved brother and uncle
Ida & Charles Marget	Sheryl Barron	In memory of your beloved mother, Rhoda Krivelow
Rebecca Fishbein & Mitch Guttentag	Barbara & Paul Garnick	In memory of your beloved son, Darren Garnick
Rebecca Cuthbertson	CBI	Thank you for letting us join Yom Kippur services on Zoom after Hurricane Milton.
Richard & Joyce Brody	CBI	Thank you for welcoming us at Shabbat Services on September 28 <sup>th</sup> .
Rebecca Fishbein & Mitch Guttentag	JP & Amy Friedman Lee	In memory of your beloved mother and grandmother, Antoinette Marie Lee
Tina & Howie Spector	JP & Amy Friedman Lee	In memory of your beloved mother and grandmother, Antoinette Marie Lee
Caren Jacobson & Blair Roberts	JP & Amy Friedman Lee	In memory of your beloved mother and grandmother, Antoinette Marie Lee
Bruce Doenecke	Elaine Winic	In support of Bashert!
Paul Rosenfeld		In appreciation of joining CBI for Yom Kippur.
Dorothy Pike		In honor of High Holiday Services
Melodie & Howard Teich		In honor of Yom Kippur and Yizkor
Janet Damelin	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Ellen & Jon Brody		In honor of Bashert & Cantor Harris for the wonderful High Holiday Services
Ellen & Jon Brody	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Ellen & Jon Brody		In honor of Jeff, Elaine, & Janet for coordinating the High Holiday Services
Ellen Jon Brody	JP & Amy Friedman Lee	In memory of your beloved mother and grandmother, Antoinette Marie Lee
Ellen & Jon Brody	Caren Jacobson & Blair Roberts	In honor of your son, David's, marriage
Ellen & Jon Brody	Terry Fetters	In honor of your beautiful leading of the High Holiday Services

# Kind & Generous Donations

## TEMPLE FUND

<u>FROM</u>	<u>TO</u>	<u>OCCASION</u>
Cindy & Burt Ochs	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Jerry Golner	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Debby & Alan Friedman	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Tina & Howie Spector	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Natalie Greenblatt	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Mark & Arlene Grubert		
Ida & Charles Marget	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Caren Jacobson & Blair Roberts	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Rebecca Fishbein, Mitch, Lily & Sam Guttentag	Amy Sherr	In memory of your beloved husband and father Michael Sherr
Ellen Macklin	Amy Sherr	In memory of your beloved husband and father, Michael Sherr
Debby & Alan Friedman	Judy Mizner	In honor of your mother, Rita Mizner z"l, for receiving the Distinguished Alumni Award from Lowell High School for her significant contributions in her field and to the community.
Elaine Winic	JP and Amy Friedman Lee	In memory of your beloved mother and grandmother, Antoinette Marie Lee
Elaine Winic	Les Tye	Mazel Tov on your 95 <sup>th</sup> birthday!
Michelle & Larry Soll	Amy Sherr	In memory of your beloved husband and father, Michael Sherr

## NEIL HURWITZ CHILDREN'S LIBRARY FUND

<u>FROM</u>	<u>TO</u>	<u>OCCASION</u>
Paula & Howie Flagler	Paul Hurwitz	In memory of Buddy Hurwitz
Paula & Howie Flagler	Karen Hurwitz	In memory of Buddy Hurwitz
Les Tye	Paul Hurwitz	In memory of Buddy Hurwitz
Les Tye	Karen Hurwitz	In memory of Buddy Hurwitz

# Kind & Generous Donations

## Yahrzeit Donations

### Mourner

Myrna S. Weisman  
Natalie Greenblatt  
Lyle & Betty Barlyn  
Caren Jacobson & Blair Roberts  
Caren Jacobson & Blair Roberts  
Michelle & Larry Soll  
Leslie Tye  
Bruce Levine  
Bruce Levine  
Lawrence Levine  
Lawrence Levine  
Rebecca Fishbein & Mitch Guttentag  
Janet Damelin  
Lawrence & Zoila Feldman  
Lawrence & Zoila Feldman  
Jeffrey Weinberg & Family

### Deceased

Morris Weisman, Husband  
Allen Greenblatt, Husband  
Barlofsky Family, Parents  
Sophie Jacobson, Grandmother  
Etta Goldstein, Grandmother  
Jacob Soll, Father  
Edna Levine, Sister  
Edna Levine, Mother  
Samuel D. Levine, Father  
Edna Levine, Mother  
Samuel D. Levine, Father  
Herman Fishbein, Father  
Louis Damelin, Grandfather  
Fanny Moore, Aunt  
Polly Feldman, Aunt  
M. Michael Weinberg, Father & Grandfather

## Rabbi's Discretionary Fund

### From

Henry Yaffa  
Ellen & Jon Brody  
Rich Soll  
Elaine Winic  
Janet Damelin

### To

Rabbi Mandell  
Rabbi Mandell  
Rabbi Mandell  
Rabbi Mandell  
Rabbi Mandell

### Occasion

In appreciation for the Yom Kippur Aliyah  
In appreciation of all your hard work in making the High Holiday Services so meaningful  
Thank you for officiating at Faye's unveiling  
Thank you for all the work you put into creating the wonderful High Holiday services.  
Thank you for the wonderful High Holiday Services.

## Kol Nidre Appeal

### From

Jerry Golner

**The following names will be read, and people remembered at *Yahrzeit*, on Shabbat Morning**

NOVEMBER 2 - 8 1 - 7 CHESHVAN	NOVEMBER 9 - 15 8 - 14 CHESHVAN	NOVEMBER 16 - 22 15 - 21 CHESHVAN	NOVEMBER 23 - 29 22 - 28 CHESHVAN	NOVEMBER 30 - DECEMBER 6 29 CHESHVAN - 5 KISLEV
<p>Pauline Arlin Ann Baker Sarah Bloch Elizabeth M. Blotner Meyer Buyarsky Byers Byers Mary Chartoff Caleb Marchbein Cohen Philip Donenfeld Ethel Feinman Polly Feldman Ida Filler Laura Fisher Nellie Fleet Barton Lance Gaffney John Martin Gaffney Clara Gafin Sylvia Garnick Allen Gerson Samuel Gerstein Louis Goldberg Minnie Harris Louis Hersfield Ruth Issenberg Max Jensky Louis Kimell Rebecca Korelitz Bessie Leventhal Helen Levey George Levine Allen Mintz Fannie Moore Rose Naseck Belle Perelmuter Jeannette Richmond Sam Rostler Harry Saffrin Estelle Segal Shirley Shulman Lena Shyavitz Samuel Silverblatt Faye Soll Shirley Thrope Samuel Traub Abraham Waldorf Jacob Ziskind</p>	<p>Bernard Adler Abraham Baker Dr. Harry Black Ida E. Cohen Fannie Finberg Samuel Glazer Sarah Edith Goldberg Max Greenstein Dr. Ralph Heifetz Helen Heifetz Charles Herscovitz Rae Himelfarb Samuel Issenberg Betty Kaplan Annie Kaplan Lena Karp Herman Krantweiss Seymour Levey Gertrude Levin Anne Linder Arthur Michaels Jacob Michelson Dorothy Gertrude O'Neill Murray Onigman Celia Palefsky Harry Pofcher Dora Poppel Samuel Prager Rose Sadagursky Samuel Shapiro Jack Silverman Samuel Simon Bertha Simon-Schatz Samuel Smith Max Solkoff Fay Soll Lena Rachel Starr Shirley Thrope Bernard Thrope Samuel Winic Samuel Wolf</p>	<p>Leo Adams Dora Back Bire Bishoff Anna Bloom Suretta Bronstein Joseph Bronstein Claire Brown Benjamin Cohen Lena Cohen Solomon Faigel Israel Feldman Lena Gilboard William Goldberg Anna Goldberg Alfred Gottlieb Eva Greenstein Abraham Halpern Celia Hurwitz Samuel Issenberg Samuel Jacobs Myer Levine Maurice Malis Rose Margolis Moses Marks Seymour Moritz Lillian Mildred Finkelstein Pivnick Leonore Rambach Abraham Rappaport Charles Rappaport Edythe Rindler David Rosenberg Eva Salovitch Joyce Shore Sumner Roy Silton John J. Silver Ruth Sloan Alice Solomont Bessie S. Travis Edna Winic</p>	<p>Yankiv Laeb Auslander Shabsai Bord Jacob Brand Ida Warren Cohen Reba Fischer Samuel H. Gerson Rose Golubzik Charles Gordon Max Lebowitz Ralph Lehr Rebecca Lipchitz Louis J. Loftus Herman Mauser Harry I. Neusner Eva Neusner Ray Niedergang Charles Pearl Maurice Rosen Sidney Rosenberg Philip Schneiderman Ben Z. Segal Ida Gilman Seigel Dora Serkman Esther R. Shapiro Harry Soreff Israel Stefin M. Michael Weinberg Sheldon White Fannie Winner Edith Witznudel Lena Witznudel Rabbi Elias Wolfson</p>	<p>Saul Arkin Bertha Bacon Abraham Bain Herman Bell Myer P. Bernstein Samuel Blotner Louis Bord Elizabeth H. Cohen Olav Cook Harry H. Friedman Samuel Gilboard Susan Krevlin Gleicher Bessie Goldberg Fannie Goldblith Harry S. Goldman Lee Gould Ida Kaplan Lena Levin Irving Lieberman Rose Lightman Nathan Livine Aleck Loftus Morris Muscovitz Max Newman Sylvia Neyman Leo H. Penn Mildred Rainen Jessie Risman Bennett Rogers Nathan Rogers Anna Rostler Irving Rubinstein Bertha Rifkin Shapiro Sidney Slavin Lena Swartz Nathan Tucker Goldie Weisberg Philip Winer Abraham Wolff Max Wolff Miles Zubick</p>

## COMMUNITY NOTICES

### תודה רבה מזל טוב - TODAH RABAH, THANK YOU

To everyone who made the High Holiday Services so special!  
Hilary Guida for her administrative assistance for the High Holidays  
For everyone that helped with the Yom Kippur Break Fast  
Hilary Guida for picking up the shopping bags for the Food Drive.  
Whole Foods for donating the shopping bags.

### תנחומים רפואה שלמה - TANCHUMIM, CONDOLENCES

Lee Family of the passing of their beloved mother and grandmother,  
Antoinette Marie Lee

Amy Sherr and family on the loss of their beloved husband and father,  
Michael Sherr

## THURSDAY NIGHT MINYAN

**Regularly scheduled on the 1st & 3rd  
Thursdays of each month**

**Thursday, November 7th & 21st**

You are invited to join us whenever you can to support the congregants and friends who are in mourning or observing a yahrzeit of a loved one.

Please let Janet know if you plan on attending by the Wednesday before by clicking here:

[office@bethisraelmv.org](mailto:office@bethisraelmv.org) and we will email you the Zoom link.

# High Holiday Thank You's

## TORAH AND HAFTORAH READERS

- ☆ Jon Brody
- ☆ Peter Edelstein
- ☆ Terry Fetters
- ☆ Hilary Guida
- ☆ Judy Mizner
- ☆ Hannah Moverman
- ☆ Bill Shek
- ☆ Adelle Stavis
- ☆ Jeff Tey
- ☆ Elaine Winic

## GABBAIM & TORAH POINTERS

- ☆ Jon Brody
- ☆ Hilary Guida
- ☆ Bill Shek
- ☆ Elaine Winic

## SPEAKERS

- ☆ Susannah Abbott
- ☆ Jerry Golner
- ☆ Hilary Guida
- ☆ Caren Jacobson
- ☆ Barbara Moverman

## SHOFAR BLOWER

- ☆ David Tye

## PROFESSIONAL STAFF

- ☆ Rabbi Howard Mandell
- ☆ Cantor Mindy Harris
- ☆ Janet Damelin
- ☆ Alicia Strunk

## ADMINISTRATIVE ASSISTANCE

- ☆ Hilary Guida

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- ☆ Susannah Abbott
- ☆ Basha Brody
- ☆ Judith Chaloff
- ☆ Chris Cook & Ellen Rothstein
- ☆ Peter Edelstein
- ☆ Jeremy finkle
- ☆ Alan & Debby Friedman
- ☆ Jerry Golner
- ☆ Hilary Guida
- ☆ Roberta Hantgan
- ☆ Cantor Mindy Harris
- ☆ Robin Insuik
- ☆ Ellen Macklin
- ☆ Barbara & Bob Moverman
- ☆ Judy Mizner
- ☆ Cindy & Burt Ochs
- ☆ Merle & Mike Roesler
- ☆ Jim Shinker
- ☆ Michelle & Larry Soll
- ☆ Howard Teich
- ☆ Henry Yaffa

## BASHERT

- ☆ Jon Brody
- ☆ Jeremy Finkle
- ☆ Bob Moverman
- ☆ Merle Roesler
- ☆ Mike Roesler
- ☆ Elaine Winic

## GREETERS

- ☆ Terry Fetters
- ☆ Judy Mizner
- ☆ Jeff Tye



# High Holiday Thank You's

## SERVICES & LOGISTICS

- ✧ Bashert
- ✧ Rabbi Howard Mandell
- ✧ Cantor Mindy Harris
- ✧ Terry Fetters
- ✧ Jeff Tye
- ✧ Elaine Winic

## THANK YOU

- ✧ Robin Insuik for being our Zoom host on Erev Rosh Hashanah
- ✧ Mike Roesler for fixing the Bimah microphone
- ✧ Social Action Committee for the Yom Kippur Food Drive
- ✧ The Brody Family for polishing the Torah silver
- ✧ Barbara Moverman for “Stories with Bubbe”
- ✧ Rick Pike for adding the lights to the Czech Torah case
- ✧ Caren Jacobson & Judy Mizner for coordinating the presentation of the Czech Torah
- ✧ Jim Shinker for organizing the Beth El Cemetery visits
- ✧ Beth El Cemetery for sponsoring the Memory Book
- ✧ Rebecca Fishbein and Mitch Guttentag for sponsoring the beautiful Yom Kippur flowers

## BREAK FAST

- ✧ Ellen & Jon Brody
- ✧ Janet Damelin
- ✧ Terry Fetters
- ✧ Hilary Guida
- ✧ Cantor Harris
- ✧ Ellen Macklin
- ✧ Rabbi Mandell
- ✧ Judy Mizner
- ✧ Rick Pike and family
- ✧ Merle & Mike Roesler



Anyone who may have been omitted, inadvertently, of course, please let Janet Damelin know so we can correct the error and acknowledge your participation.

Feedback from in-person and Zoom participants is always appreciated and will guide us in planning future events. Call/email Janet in the office, 978.474.0540, [janet@BethIsraelMV.org](mailto:janet@BethIsraelMV.org) or any member of the CBI Board of Directors.

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### **Rabbi Howard Mandell**

Rabbi Mandell is available by calling the Synagogue or via email, [RabbiMandell@BethIsraelMV.org](mailto:RabbiMandell@BethIsraelMV.org)

### **Synagogue Office Hours**

9:00 am - 5:00 pm  
Monday - Friday

It's always a good idea to call/email prior to making a trip to the Synagogue to be sure someone is available to greet you.

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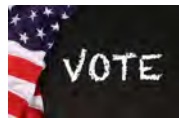
## PAST PRESIDENTS

Robin Rose	Tanya Gould
Howard Flagler	Howard Spector
Jim Shanker	

## CBI Email Addresses

### STAFF / LEADERSHIP / COMMITTEES

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 Website, Robin Rose = [rmrose6016@verizon.net](mailto:rmrose6016@verizon.net)



# November 2024

Tishrei 5785 — Cheshvan 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 30 Tishrei Rosh Chodesh Cheshvan 5:18pm Candle Lighting	2 1 Cheshvan Shabbat Services @ 9:30am Rosh Chodesh Cheshvan Havdalah @ 6:19pm
3 2 Cheshvan Daylight Savings Turn clocks back 1 hour Book Review & Brunch @ 10:30AM	4 3 Cheshvan	5 4 Cheshvan NO MAH JONGG @ 7:00pm REMEMBER TO VOTE!!!!!!	6 5 Cheshvan	7 6 Cheshvan MINYAN @ 7:00pm	8 7 Cheshvan 4:10pm Candle Lighting SHABBAT CHAI	9 8 Cheshvan Shabbat Services @ 9:30am Havdalah @ 5:11pm Kristallnacht
10 9 Cheshvan	11 10 Cheshvan VETERAN'S DAY OFFICE CLOSED IN-PERSON BOARD MEETING @ 7:15PM	12 11 Cheshvan MAH JONGG @ 7:00pm	13 12 Cheshvan	14 13 Cheshvan CALENDAR MEETING @ 7:30pm	15 14 Cheshvan 4:03pm Candle Lighting	16 15 Cheshvan Shabbat Services @ 9:30am Havdalah @ 5:05pm
17 16 Cheshvan	18 17 Cheshvan	19 18 Cheshvan MAH JONGG @ 7:00pm	20 19 Cheshvan	21 20 Cheshvan MINYAN @ 7:30pm	22 21 Cheshvan 3:58pm Candle Lighting	23 22 Cheshvan Shabbat Services @ 9:30am Havdalah @ 5:01pm
24 23 Cheshvan	25 24 Cheshvan	26 25 Cheshvan MAH JONGG @ 7:00pm	27 26 Cheshvan	28 27 Cheshvan THANKSGIVING Office Closed Yom Kippur Katan Kislev 5:23am Fast begins 4:51pm Fast ends	29 28 Cheshvan OFFICE CLOSED 3:54pm Candle Lighting	30 29 Cheshvan Sigd Parashat Toldos Mevorchim Chodesh Kislev Havdalah @ 4:59pm



# December 2024

Cheshvan 5785 — Kislev 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 30 Cheshvan Rosh Chodesh Kislev	2 1 Kislev Rosh Chodesh Kislev	3 2 Kislev	4 3 Kislev	5 4 Kislev MINYAN @ 7:00PM	6 5 Kislev 3:53pm Candle Lighting	7 6 Kislev Shabbat Services @ 9:30am Havdalah @ 4:58pm
8 7 Kislev	9 8 Kislev Board Meeting @ 7:15pm	10 9 Kislev MAH JONGG @ 7:00pm	11 10 Kislev	12 11 Kislev	13 12 Kislev 3:53pm Candle Lighting SHABBAT CHAI	14 13 Kislev Shabbat Services @ 9:30am Havdalah @ 4:59pm
15 14 Kislev	16 15 Kislev	17 16 Kislev MAH JONGG @ 7:00pm	18 17 Kislev	19 18 Kislev MINYAN @ 7:00PM	20 19 Kislev 3:55pm Candle Lighting	21 20 Kislev Shabbat Services @ 9:30am Havdalah @ 5:02pm CHANUKAH PARTY
22 21 Kislev	23 22 Kislev	24 23 Kislev NO MAH JONGG	25 24 Kislev 1 NIGHT OF CHANUKAH LIGHT 1 CANDLE @ 4:42PM OFFICE CLOSED	26 24 Kislev 2ND NIGHT OF CHANUKAH LIGHT 2 CANDLES @ 4:43PM	27 25 Kislev 4:00pm Shabbat Candle Lighting 3RD NIGHT OF CHANUKAH LIGHT 3 CANDLES @ 4:00PM	28 26 Kislev Shabbat Services @ 9:30am Havdalah @ 5:06pm 4th NIGHT OF CHANUKAH LIGHT 4 CANDLES @ 5:06PM
29 28 Kislev 5th NIGHT OF CHANUKAH LIGHT 5 CANDLES @ 4:45PM	30 29 Kislev 6th NIGHT OF CHANUKAH LIGHT 6 CANDLES @ 4:46PM	31 30 Kislev <b>New Year's Eve</b> 7th NIGHT OF CHANUKAH LIGHT 7 CANDLES @ 4:46PM ROSH CHODESH TEVET				