OCTOBER 2024

TISHREI 5784



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CONGREGATION BETH ISRAEL'S Zews letter



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Congregation Beth Israel

Where the old is made new, and the new, holy.

<u>Congregation Beth Israel</u>
A spiritual oasis for the Jewish community!

Moving? Email change? Please inform us of your new address.

Lach L'cha!

By Rabbi Howard Mandell



The month of September constitutes a time of "new beginnings" for us Jews and for all Americans. It is a time when we transition from the hot and humid, vacation filled, and slower paced days of summer to the cooler days of fall, to a return to school and college, and to a busier, somewhat more stressful, routine.

The month of September constitutes a time of "new beginnings" for us Jews for a second, additional reason—the advent of the month of September and of the Hebrew month of Elul means that the High Holy Day Season is just around the corner.

The "new beginning" associated with the High Holy Days, however, is far different from the secular "new beginning" described above and shared by many Americans, in that the Jewish "new beginning" does not happen automatically with a change of seasons but requires a significant expenditure of time and effort on our part to achieve the "new beginning" for the coming year that we are seeking for ourselves.

Yet as one of the names for the High Holy Day Season, *Yamim Noraim*, "The Days of Awe," connotes, the potential reward--the personal and spiritual transformation and resulting joy and meaning that can occur, when we begin to focus, not only on what is going on externally in our lives, but on what we are feeling and experiencing internally—is well worth the time and effort required to achieve this transformation.

It is, in fact, this potential for spiritual and personal transformation in our lives that serves as the *ikar*, "the essence" or "foundational piece" of the High Holy Day experience. To assist us in achieving this goal, and my primary reason for writing this letter is that our Tradition encourages us not to wait until *Rosh Hashanah* to begin preparing and laying the groundwork for this transformation, but to instead begin preparing for this during the month that we have just begun, the month of *Elul*, much in the same way that we are encouraged to prepare, in advance, for when we are going to leyn Torah or chant Haftarah or for any important meeting, event, or undertaking in our lives.

The reality is, however, that many of us, with all that we already have on our plates, with all the cooking and arrangements that need to be made for the Hagim, feel that we have no choice but to put our spiritual preparation for the Hagim on the back burner. This fact was recently confirmed for me by an old friend, who candidly acknowledged that, while she would like to invest more time in her spiritual growth and transformation this year, with all that she already has going on in her life with her job, her family, her communal life, etc., she seriously doubts, whether she has the wherewithal, the band-with, to even think about undertaking the "inner work" [heshbon hanefesh in Hebrew] needed to bring about the "new beginning" she wants for herself.

I thanked my friend for her candor and vulnerability and told her that I could even identify with much of what she had to say. I gently pointed out to her, however, that making perfection our goal is often the enemy of the good, and that whatever time she might be able to commit would go a long way in making her High Holy Day experience a more rewarding and meaningful one.

The thoughts and feelings that my friend described--feelings of being already overwhelmed and of not having adequate time to do the "inner work" needed—are similar, in nature, to the feelings I have heard expressed, in the past, by congregants, friends, and even my fellow and sister clergy, who spend so much of their time during the month of Elul focused on making the High Holy Day experience a meaningful one for those they serve.

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Lach L'cha!

By Rabbi Howard Mandell



I would thus like to offer a suggestion or two for how all of us might utilize the month of September/Elul, without adding significantly to our existing stress and anxiety levels, to make our High Holy Day experience more rewarding and spiritually fulfilling. My first recommendation would be simply to reframe this "inner work," not as a burden or added responsibility that is only going to add stress to an already busy life, but instead as a gift that we are giving to ourselves for the next month or 6 weeks.

This "inner work" can be done in a variety of different ways and settings. It can be done, while taking a walk or working out at home or at the gym, and rather than listening to music or books on tape or watching television, the time can be used to meditate, talk to God, or just be still and see what comes to mind. This "inner work" can be accomplished in a more formal way by carving out some time, each day, to meditate and/or to journal, asking ourselves questions, such as, "[W]hat is something that I did well this past year that I want to continue to do perhaps even better;" or "is there something about myself that I not pleased with and would thus like to change during the coming year?"

Once we have made headway developing this awareness, we are then ready to begin thinking about how to accomplish the growth and change we are seeking for ourselves. This can be done by talking with people we trust, reading books on the topic, journaling, seeking professional help, carving out time just for ourselves, and last but certainly not least, praying and communicating with God.

Our sacred texts make clear that God, in deciding, whether to create us humans with free will, was fully aware that we are going, from time to time, to fall short of the mark and thus let ourselves and God down. The fact that God still decided to create us with free will leaves no doubt, according to our Tradition, that neither God nor our Tradition expects us to be anything but fallible and imperfect.

What God does call upon us to do, however, again according to our Tradition, is to undertake the doing of *teshuva*, "returning to our best selves," by first acknowledging our wrongdoing to ourselves, and then reaching out to God and to anyone else, whom we may have hurt or harmed, and saying sincerely to them, "I am sorry," and "I will do my best not to repeat this behavior again."

Once we have done this, Judaism teaches that God will immediately forgive us, and for most hurt or harm we may have caused others, the onus shifts to the other person to forgive us.

Hopefully, if we begin the teshuva process during the month of Elul, and have made significant strides in developing this self-awareness and in making amends to God and to others for our having short of the mark for the past year, we will have more time to spend during the High Holy Days focusing on the powerful words and music of the liturgy, on our own personal transformation, and on the joyful aspects of the Hagim—being with family and friends, eating the special High Holy Day foods, etc.

Undertaking the *teshuva* process during the month of Elul thus results in a "win-win" situation: (1) we make our High Holy Day experience a more rewarding and meaningful one; (2) we are able to better bring about healing in and strengthen our relationships with ourselves, with the Almighty, and with our family and friends; and (3) we can gain the feeling of satisfaction and of peace that comes with our having taken responsibility for our behavior and for being back in sync with the divine and authentic parts of ourselves.

Continued on Page 4

Lach L'cha!

By Rabbi Howard Mandell



Continued from Page 3

The *aseret yemai teshuvah*, the "Ten Days of Repentance" are now less than a month away. Paraphrasing the words of the great first century rabbi and sage, Hillel, "What better time than now," during the month of Elul, to begin our High Holy Day spiritual preparation?

If there is anything that I can do to help make the *teshuvah* process easier and more rewarding and meaningful for you, please do not hesitate to let me know.

L'shanah tovah U"metukah!

My wishes for a sweet, joyful, and meaningful 5785 to your families and you!

Rabbi Howard Mandell

CBI'S & TEMPLE BETH EL'S TREES OF LIFE

It is a Tree of Life to those who hold fast to it!

Many special occasions in the lives of the members of our Congregation are recorded on the leaves of the Trees of Life in the Sanctuary. There is room for more!

To honor the special people and milestones in your life, please consider having a leaf engraved with a personalized sentiment.

We now also have rocks available for engraving which will 'strengthen' the base of the tree.

For more information on how you can preserve your memories, please contact Janet in the office





MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

By Jeff Tve

L'SHANAH TOVAH U'METUKHAH U'BRIAH

(TO A GOOD AND SWEET AND HEALTHY NEW YEAR)

I must admit that I had never heard the last part of the above greeting until I saw it in this quarter's new "Shalom" magazine that was just recently delivered to CBI (and other synagogues in Mass.) The magazine is free and available to anyone until they are gone. Feel free to take one when you are next at CBI. There are quite a few very good and thought-provoking essays in this edition that are well worth reading.

As I thought about the "Healthy" part of the greeting more, it dawned on me that without good personal and/ or family health, it can make having a "good and sweet" year much more challenging – but not impossible! With a notable and easily documented significant rise in mental health issues since Covid, the wars in Ukraine and in Israel, and on college campuses around the world, it wasn't a big step to see how this aspect of health could also affect our view of a "good and sweet new year". Yet when challenges confront us, we are often given opportunities that allow for meaningful growth if we can only recognize them.

As Jews throughout the world prepare to enter 5785 in just a few short days, will the clarion call of the Shofar re- awaken the hopes that may be hidden deep inside of each of us to be able to help create that "good and sweet new year"? Will we find the resilience to face our challenges head-on and come out stronger for it? Will we as individuals make an impact in a positive way this year on ourselves, our families, our local, national and international communities? Many of our ancestors certainly did, even despite their human flaws. Our Jewish "cousins" in Israel seem to be reaching deeply into themselves and to each other and keep finding new ways to plant the seeds of resiliency in combating their significant challenges.

Here at CBI, you have been hearing about (and hopefully seeing) a number of physical improvements that have been made in our physical space. There are more to come in the near future. Many thanks to all have helped make them happen. Hopefully this also suggests to you that we are planning to be here for the long haul. With your generosity and a number of improvements in our overall financial picture that we have been able to create, we are on a path forward towards a "good and sweet new year"!

During the Rosh Hashanah and Yom Kippur services at CBI, you will hear from several of your fellow congregants about some of the different paths that they have taken to deepen their connection not only to CBI, but also to their Jewish roots. These are based on the 4 pillars/key values we identified several years ago with the help of our ESC consultants. If you have forgotten them, further explanations can be found on our CBI website under the category of "About" - "Our History and Key Values". These values are 1) Experience fulfilling, meaningful religious life; 2) Experience the joy of helping others; 3) Enrich your social life: and 4) Keep learning and growing. You may have noticed that much of our programming, services, and activities are geared towards impacting one or more of the above values. This is not just by chance, but by design as we strive to further build our special community here at CBI. We are so much more than just a "physical" building. We are individuals who come together in unity to create a greater good. Together, we can have an even greater impact on our personal and expanded communities.

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MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

By Jeff Tye

To that end, at our recent Board Meeting, we started an exercise on thinking about some potential ways we could do some innovating and keeping CBI relevant. In our brainstorming effort, several ideas percolated to the top. We will look at those ideas to see what can be implemented in a feasible manner. In like fashion, I would ask each of you to personnally accept the challenge of continuing this brainstorming effort. If every member of CBI can suggest just one idea (more are certainly allowed and encouraged) of doing something differently or better, we can all be the beneficiaries of your forward thinking! If you have an idea, please send it to Janet in the office or to any Board member and ask that it to be considered. We can't guarantee that it will be implemented, but it may certainly lead us to think about an issue or concern or activity of which we might not have even been considering. If you feel more comfortable, we can also accept these ideas anonymously.

With that in mind, as President of the CBI Board of Directors, if we as your Board have wronged you in any way over the past year, please accept our apology. Let us know where we may have missed the mark and how we can remedy what hasn't been remedied yet. May 5785 be a year of resilience and taking on our challenges and creating new opportunities!

L'SHANAH TOVAH U'METUKHAH U'BRIAH

(TO A GOOD AND SWEET AND HEALTHY NEW YEAR)

Please join the CBI Social Action Committee in fighting voter suppression!

Sunday, October 13 from 4:00 - 6:00 pm

With support from <u>JALSA</u>, the Jewish Alliance for Law and Social Action, CBI's Social Action Committee is hosting a postcard-writing event to help combat rampant voter suppression laws that have recently been enacted in several states. Our event will focus on Ohio, where new laws make it more difficult for college students, people with disabilities, and others to vote. The postcards will alert people to the new laws so they will be prepared to cast their votes and have them counted.

JALSA will provide the postcards, the wording, and names and addresses, and the Social Action Committee will provide snacks. Please RSVP so we know how many people to expect, and please bring 40-50 postcard stamps.

We hope to see you there!

CBI Yom Kippur Food Drive

"Is this not the fast I have chosen... to share your bread with the hungry." (Isaiah 58:6-7, Read on Yom Kippur Morning)

Congregation Beth Israel's Social Action Committee invites you to help feed those in need in our area by participating in our Yom Kippur food drive. All donations will be delivered to Neighbors in Need.

Any non-perishable food donation is welcome, but there is a particular need for the following items:

Canned Food:
Beans (not baked)
Shelf stable milk such
as Parmelat
Vegetables
Fruit - no sugar added
Soups - low sodium
Tuna and chicken

Also Needed: Rice - Canilla or Carolina Brand, not Uncle Ben's or Minute Rice

Unsweetened breakfast cereals Pasta Peanut Butter Personal Care Items: Diapers (all sizes) Baby wipes

Please check to be sure that food is not expired (thank you).

Two drop-off locations:

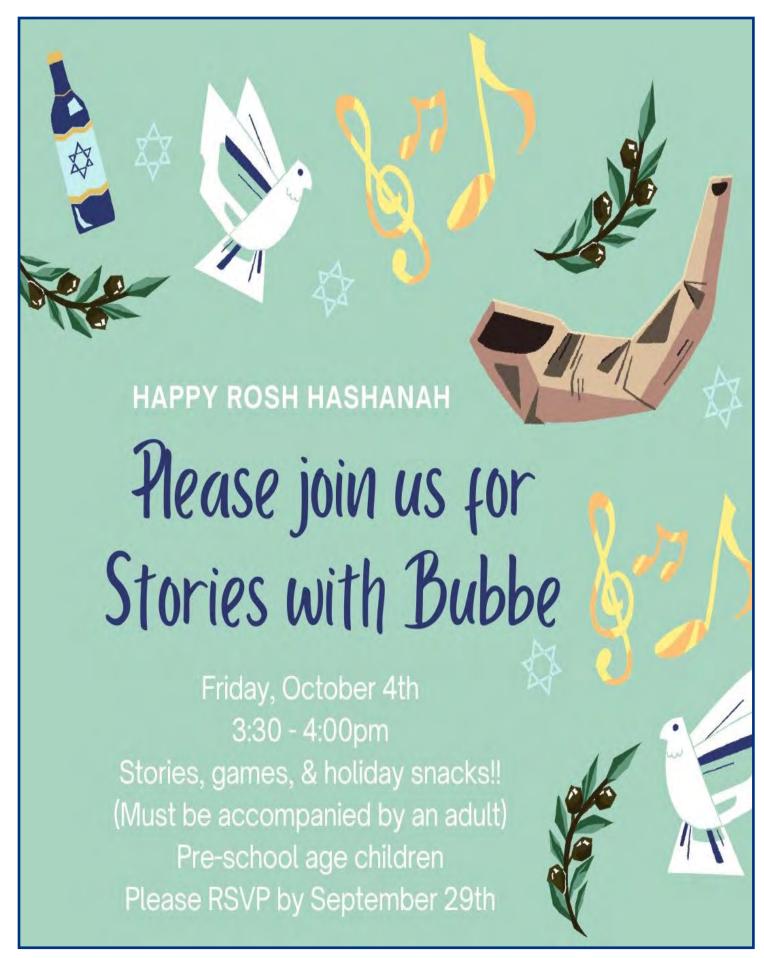
Congregation Beth Israel – look for the large donation box Susannah's home, 24 Wolcott Ave. in Andover – leave on side porch



Food will be collected through Thursday, October 24.

Please be as generous as you can. Times continue to be difficult for many in our area.

For questions, or to learn more about how you can join the Social Action Committee, contact Susannah Abbott at zaninandover@gmail.com.





REGISTER HERE

This program is made possible by a grant from the Dr. David M. Milch Foundation.

For more information contact Sharon Wyner at 978-565-4450 or email swyner@lappinfoundation.org.





PLEASE JOIN US!

YOM KIPPUR COMMUNITY BREAK FAST

Saturday, October 12th
Following the conclusion of services!

Please RSVP to Janet by Monday, October 7th!

Please let us know if you would like to bring something to share!





JEWISH SINGER -SONGWRITER

CITY WINERY 80 BEVERLY ST, BOSTON

STAGE PREMIER \$55.00
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SILLIE SILLIE SILLIER

SUNDAY, N OV. 24TH
@ 12:00PM

https://citywinery.com/boston/events /julie-silver-3sp9ws



An Evening of Remembrance, Unity, and Hope

Monday, October 7 | 7:00 p.m. Location TBD

On behalf of CJP, the Jewish Community Relations Council of Greater Boston, the Israeli-American Council (IAC), and the Consulate General of Israel to New England, we invite the entire community to participate in a large-scale event to commemorate the horrific attacks in Israel on October 7 and signify our collective hope for the future. Join together for an evening of solidarity as we remember the lives lost, honor survivors and heroes, affirm our communal resilience, and hope for the future of the Jewish People. *Am Yisrael Chai*.

Additional information, location, and registration details to follow.



A Better Chance of Andover provides academically talented young women of color an opportunity to grow, thrive, and become leaders. Accepted Scholars attend Andover High School and go on to successful leaders with the support of so many volunteers like YOU!



Become a HOST FAMILY

"We decided to make a difference for an ABC Scholar and become a host family, but we found that she made a huge difference in our lives." - ABC "Host Parent"

> Learn more or Sign Up



HOW YOU'LL HELP:

- Host a Scholar at your home one day a week during the school year (Tuesdays)
- Host a Scholar one weekend a month (and invite them to join family activities).
- Be that local family support for a young woman who is often far from home.

TIME COMMITMENT:

- · 2 hours a week for dinner (Tuesdays)
- Friday evening Sunday once a month

EXPERIENCE NEEDED: A loving family

WHAT YOU'LL GAIN: A lifetime of memories



abcandover.org

KIDDUSH SPONSORS NEEDED

We have a few dates still available for the remainder of the year. Do you have a Yahrzeit coming up? Special Birthday? How about just because?

We can do the shopping and setup for a small fee of \$75.

The following dates are available:

- ♦ October 19
- ♦ November 2
- ♦ November 9
- ♦ November 16
- ⇒ November 23
- ♦ November 30

Please contact Janet at office @bethisraelmv.org or at 978.474.0540.

In Loving Memory

Memorial plaques for the loved ones of CBI members and friends who have passed away are on display in the CBI hallways to be viewed at any time.

To honor the memory of your loved one with a memorial or *yahrzeit* (anniversary of death) plaque at CBI, please contact Janet at 978.474.0540 or via email. The cost is \$250 per plaque.

CBI Cares

CBI Cares is here for you.

Please notify Barbara Moverman at

<u>Barbara.moverman@gmail.com</u> Or Ianet at

office@bethisraelmv.org if you know of someone could

UPCOMING EVENTS AND HOLIDAYS!

October 2	Erev Rosh Hashanah Services @ 6:00pm
October 3	Day 1 Rosh Hashanah Services @ 8:45am
October 4	Day 2 Rosh Hashanah Services @ 8:45am
October 11	Kol Nidre @ 6:15pm
October 12	Yom Kippur Services @ 9:00am
October 13	Social Action—Fighting Voter Suppression postcard writing
October 14	Columbus Day—Office Closed
October16	Erev Sukkot
October 17 & 18	Sukkot Day I & II Services @ 9:00am
October 20	Sukkot Party
October 24	Shmini Atzeret Services @ 9;00am Erev Simchat Torah Services @ 7:00pm
October 25	Simchat Torah Services @ 9:00am

Rabbi's Discretionary Fund

Consider making a donation to the Rabbi's Discretionary Fund which gives Rabbi Mandell the ability to purchase or fund items that benefit the synagogue, our members, and our neighbors in need. Kindly send your donation to Janet in the CBI office, *check made out to CBI*, *including the notation "RDF"*, and it will be credited accordingly.

Thank you for your generosity!



Terry Fetters

BOARD OF DIRECTORS

The CBI Board of Directors will meet on Monday, September 9th on Zoom at 7:15pm for their regularly scheduled monthly meeting.

All Board Meetings are open to the membership. If you would like to attend, RSVP no later than September 6th to Janet at 978.474.0540 or

office@BethIsraelMV.org and the Zoom link will be provided, along with an agenda.

The October 2024

Bulletin deadline is

Friday, September 23, 2024

Send your articles to

Newsletter@BethIsraelMV.org with

"October Newsletter"

BIRTHDAYS & ANNIVERSARIES OCTOBER 2024

HAPPY BIRTHDAY

October 2

reity remete	e creper =
Ari Pike	October 3
Sadie Moverman	October 5
Judith Chaloff	October 7
Jonathan Roesler	October 8
Gary Mauser	October 9
Hannah Insuik	October 11
Howard Teich	October 12
Merle Roesler	October 14
Jerry Golner	October 21
Steven Roomberg	October 21
Rachel Dudley-Zerin	October 22
David Tye	October 22
Michelle Soll	October 23
Elaine Winic	October 24
Laurie Mindlin	October 24
Jerry Krantweiss	October 27
Ben Insuik	October 30

HAPPY ANNIVERSARY

Jon & Ellen Brody October 16

Rick & Robin Pike October27

Best wishes for many more healthy and happy celebrations!



Join us for Kiddush Luncheon following Shabbat Morning Services!

THANK YOU OUR SEPTEMBER KIDDUSH / ONEG / SPECIAL EVENT SPONSORS

<u>Sponsor</u>	<u>Date</u>	<u>Occasion</u>
Ann Macklin	September 7	In honor of her mother's, Ellen Macklin, birthday
Janet Damelin	September 14	In memory of her beloved mother, Ethel "Etty" Damelin
Ken Zeller	September 21	In memory of his beloved uncle, Nathan Zeller
Jill Schoenberg	September 28	In memory of her beloved father, Lazarus "Red" Schoenberg
Ed Sloan	September 28	In memory of his beloved father, George Sloan

Donations to the Kiddush Fund are always gratefully accepted.

Upcoming dates are available to honor / remember loved ones and / or special events / holidays.

Contact Janet for more information on Kiddush sponsorships.

Kind & Generous Donations

TEMPLE FUND

FROM	<u>TO</u>	OCCASION
Ellen & Jon Brody	Hilary Guida	Thank you for coordinating the Rabbi's meals
Ellen & Jon Brody	Rebecca Fishbein & Mitch Guttentag	Thank you for hosting the Shabbat on the Road
Ellen & Jon Brody	Burt Ochs	Thank you for installing the cameras
Caren Jacobson & Blair Roberts	Paul & Barbara Garnick	In memory of your beloved son, Darren Garnick
Yanna Shapiro	Paul & Barbara Garnick	In memory of your beloved son, Darren Garnick
Gayle & Jeff Tye	Paul & Barbara Garnick	In memory of your beloved son, Darren Garnick
Janet Damelin	Harriet Chates	In memory of her beloved husband, father, and grandfather
Elaine Winic	Paul & Barbara Garnick	In memory of your beloved son, Darren Garnick
Jim Shainker	Paul & Barbara Garnick	In memory of your beloved son, Darren Garnick
Jim Shainker	Stacy Garnick	In memory of your beloved husband, Darren Garnick
Ethel Somers	The Lubowitz Family	In memory of Mel Lubowitz
Jill Schoenberg	Paul & Barbara Garnick	In memory of your beloved son, Darren Garnick
Ellen & Jon Brody	Paul & Barbara Garnick	In memory of your beloved son, Darren Garnick
Robin Insuik	Caren Jacobson & Blair Roberts	Mazel Tov on David's marriage
Michelle & Larry Soll	Caren Jacobson & Blair Roberts	Mazel Tov on David's marriage
Ellen Macklin	Jeff, Trina, Stev, & Karen Krichmar	In memory of your beloved mother, Babsy Krichmar
Ellen Macklin	Eric Weiss & Family	In memory of your beloved father, Seymour Weiss
Ellen Macklin	Donna & Matt Steiglitz	In memory of your beloved brother, Dr. Jeffrey Shiff
Ellen Macklin	Caren Jacobson & Blair Roberts	Mazel Tov on David's marriage

Kind & Generous Donations

TEMPLE FUND

FROM <u>TO</u> <u>OCCASION</u>

Ellen Macklin Paul & Barbara Garnick In memory of your beloved son,

Darren Garnick

Ellen Macklin Marge Marion In memory of your beloved husband,

Arthur Marion

Gayle & Jeff Tye Caren Jacobson Mazel Tov on David marriage

& Blair Roberts

Jill Schoenberg Caren Jacobson Mazel Tov on David marriage

& Blair Roberts

Elaine Winic Tanya Gould & Mazel Tov on the birth of your

Jeremy Finkle granddaughter, Miriam Bess

Finkle Frank

YAHRZEIT DONATIONS

MOURNER DEPARTED

Natalie Greenblatt Fannie Klotz, Aunt

Zoila & Lawrence Feldman Harry Feldman, Father, Father-in-law

Zoila & Lawrence Feldman Leah Cohen, Grandmother

Gary Mauser Libby Feinberg, Mother-in-law

Janet Damelin, Mother, Grandmother, Great-Grandmother

Janet Damelin Thelma Silverman, Aunt

Leslie Tye Murray Bronstein, Brother-in-law
Ellen Macklin Morris William Macklin, Father-in-law

William & Barbara McManus Harold Bacon, Father
Kenneth Wenick Leo Wernick, Father

Eve, Kevin, Evan, Gail, Rick & Amelia Fritzie Spaien, Mother & Bubbie

Harvey Korobkin William Korobkin, Father

Sheryd & David Jackson Michael Joseph Shapiro, Brother

Jerry Golner Morris Golner, Father
Howard Flagler Faith Flagler, Mother
Alvin Lebowitz David P. Lebowitz, Father

Kind & Generous Donations

RABBI'S DISCRETIONARY FUND

FROM <u>TO</u> <u>OCCASION</u>

Elaine Winic Rabbi Mandell Wishing you a full recovery
Ed Sloan Rabbi Mandell George Sloan, Father
Leslie & David Silverstein Rabbi Mandell Wishing you a full recovery!

NEIL HURWITZ CHILDREN'S LIBRARY FUND

FROM OCCASION

Georgi Lockerman Karen Hurwitz In memory of her beloved father, Irwin "Buddy" Hurwitz

BREAK FAST—YOM KIPPUR

FROM

Terry Fetters



October 5 — 11 3 — 9 Tishrei

Sarah Baker Sophie D. Baker Archie Barlofsky Maurice Bebchick Evelyn Bier Rose Brenner Arthur Brodsky Pasech Davis Shiffra Davis Julius Joseph Drucker Paul Dubroff Fannie Elias Simon Feferholtz David Fox Harry Gilboard Alyce Goldstein Evelyn Gottlieb Barrett Kane Shirley Shapiro Kaplan Solomon Knopf Joseph G. Koffman Albert Kotzen Maynard J. Lebowitz Samuel D. Levine Minnie Levine Myer Lisman Bessie Nevman Louis Rindler Ronna Rose Bertha H. Rubin Beverly Schneider Burt Schneider Harriet Schrank Charles Segal Sidney Shek Irving B. Sideman Jacob (Jack) Soll Mildred Stanten **Dorothy Stavis** Harry Stoller Ida Tetle Anne Gittes White

October 12 — 18 10 — 16 Tishrei

Natalie Alfred Leonard Azanow Samuel Bacon Ethel Levine Benjamin Julius Berenson Esther Rose Bernstein Minnie Bernstein Rebecca Bernstein Roslyn Brown William Bob Fagerson Mona Finn Pauline Gedansky Norman Carle Glassman Samuel Glazerman Pearl Goldstein Etta Goldstein Joseph Green Minnie L. Harris Harriet Kaplan Lena Kaplan Eva Lehr Florence Lemkin Edna Levine Regina Moshe Joseph Palefsky Pauline Prager Gilbert Rappaport Mary G. Rindler Ethel Schwartz Aaron I. Scolnick David Shatz Moses Sherman Tamara Sherman Esther Sideman Wendy Jill Spector Annie Stearn Rabbi Dr. Benjamin H. Tumim Isadore Weisberg Alfred Zeller

October 19 — 25 17 — 23 Tishrei

Sarah Gertrude Banks Isabel Barlofsky Dora Strogoff Berenson Rachel Boroda Fanny Chalin Louis Ellis Morris Feinman Herman Fishbein Samuel Fleet Rose L. Fox Celia Gleckman Ida Kamien Saul Kaplan Goldie Karsh Dora Kremer Harry Lax Hyman Levine David Levine Lillian Lezberg Louis Max Muscovitz Ida Nannis Abraham Orenstein Bernice Poulten Arthur Rainen Sarah M. Rosenbloom Sigmund E. Rostler Samuel Silverwatch Seymour Spector Jacob Spector Morris Weisman

October 26 — November 1 24 — 30 Tishrei

Belle Averback Janet F. Back Rebecca Bier Solomon Boroda Nathaniel Cohen Fannie Cohen Louis Damelin Samuel Delinsky Mary G. Edelstein Jacob Eilberg Bessie Friedman David M. Greenberg Allen Greenblatt Annie Greenstein Rhoda Heymann Miriam Hoffman Ethel Katze Goldie J. Klein Doris Ray Kristal Rita Macklin Landberg Samuel Levine Harry Lokas Linda Byers McGrath Bessie Louise Muscovitz Frances Finkelstein Perlys Esther Rappaport Sadie B. Ravich Samuel Ritter David Joseph Saczyk Gussie Berenson Shutzer Rose Silver Hymie J. Silverman Rebecca Solomon Isaiah Solomon Nettie Sosna William Bob Swartz Donald Van Greenby Zelig White Ida Winic Sylvia Wruble Rose Zuroff

Gertrude Fischer

Zuckerman

Nathan Zuroff

COMMUNITY NOTICES

מזל טוב מזל טוב ~ MAZEL TOV, CONGRATULATIONS

Caren Jacobson & Blair Roberts on the wedding of their son David!

Tanya Gould & Jeremy Finkle on the birth of their granddaughter, Miriam Bess Finkle Frank!

Suzanne & Ron Grosz on Seth's engagement!

דבה רבה TODAH RABAH, THANK YOU

Saturday Morning Minyan for setting up the Kiddush each week

Jon Brody for his weekly Kiddush shopping

הנחומים רפואה שלמה ~ TANCHUMIM, CONDOLENCES

Garnick Family on the loss of their son, Darren Garnick
Glazer Family of the loss of Libby Glazer
Huwitz Family on the loss of Irwin "Buddy" Hurwitz

THURSDAY NIGHT MINYAN

Regularly scheduled on the 1st & 3rd Thursdays of each month

Due to the High Holidays falling on the 1st and 3rd of October, there will be no Thursday night Minyans in October.

You are invited to join us whenever you can to support the congregants and friends who are in mourning or observing a yahrzeit of a loved one.

Please let Janet know if you plan on attending by the Wednesday before by clicking here:

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Rabbi Mandell is available by calling the Synagogue or via email, RabbiMandell@ BethlsraelMV.org

Synagogue Office Hours

9:00 am - 5:00 pm Monday - Friday

It's always a good idea to call/email prior to making a trip to the Synagogue to be sure someone is available to greet you.

Phone: 978.474.0540

office@BethIsraelMV.org

CBI Email Addresses

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October 2024

Elul 5784 — Tishrei 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 4 Tishrei 5:25am Fast Begins Tzom Gedallah 6:50pm Fast Ends	7 5 Tishrei CJP Evening of Remembrance	1 28 Elul Mah Jongg @ 7:00pm 8 6 Tishrei Mah Jongg @ 7:00pm	2 29 Elul Erev Rosh Hashanah Service @ 6:00pm 6:05pm Candle Lighting 9 7 Tishrei Bashert Practice	3 1 Tishrei Rosh Hashanah 5785 Day 1 Services at 8:45am 7:03 Candle lighting 10 8 Tishrei	Rosh Hashanah 5785 Day II Services @ 8:45am 6:01pm Candle Lighting 11 9 Tishrei Erev Yom Kippur Kol Nidre @ 6:15pm 5:49pm Candle Lighting	5 3 Tishrei Shabbat Services @ 9:30am Shabbat Shuvah Havdalah @ 7:50pm 12 10 Tishrei Yom Kippur Services @ 9:00am Break Fast at CBI following Ma'ariv Havdalah @ 6:48pm
13 11 Tishrei Social Action Committee	14 12 Tishrei Office Closed Columbus Day/ Indigenous Peoples Day	15 13 Tishrei Mah Jongg @ 7:00pm	16 14 Tishrei Erev Sukkot 5:41pm Candle Lighting	17 15 Tishrei OFFICE CLOSED Sukkot Day I Services @ 9:00am 6:40pm Candle Lighting	18 16 Tishrei OFFICE CLOSED Sukkot Day II Services @ 9:00am 5:38pm Candle Lighting	19 17 Tishrei Shabbat Services @ 9:30am Sukkot III Havdalah @ 6:37pm
Sukkot IV Sukkot Party	21 19 Tishrei Sukkot V Board Meeting @ 7:15pm on Zoom	22 20 Tishrei Sukkot VI Mah Jongg @ 7:00pm	23 21 Tishrei Sukkot VII Hoshana Raba 5:31pm Candle Lighting 30 28 Tishrei	24 22 Tishrei OFFICE CLOSED Shmini Atzeret Yizkor Services @ 9:00am 6:30pm Candle Lighting Erev Simchat Torah Services @ 7:00pm 31 29 Tishrei	25 23 Tishrei OFFICE CLOSED Simchat Torah Services @ 9:00am 5:29pm Candle Lighting	24 25 Elul Shabbat Services @ 9:30am Mevorchim Chodesh Cheshvan Havdalah @ 7:12pm

November 2024

Tishrei 5785 — Cheshvan 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 30 Tishrei	2 1 Cheshvan
					Rosh Chodesh Cheshvan	Shabbat Services @ 9:30am
					5:18pm Candle Lighting	Rosh Chodesh Cheshvan
						Havdalah @ 6:19pm
3 2 Cheshvan	4 3 Cheshvan	5 4 Cheshvan	6 5 Cheshvan	7 6 Cheshvan	8 7 Cheshvan	9 8 Cheshvan
Daylight Savings Turn clocks back 1 hour		Mah Jongg @ 7:00pm		MINYAN	4:10pm Candle Lighting	Shabbat Services @ 9:30am
Book Review		REMEMBER TO VOTE!!!!!!			SHABBAT CHAI	Havdalah @ 5:11pm
Book Neview		VOTE				Kristallnacht
10 9 Cheshvan	11 10 Cheshvan	12 11 Cheshvan	13 12 Cheshvan	14 13 Cheshvan	15 14 Cheshvan	16 15 Cheshvan
	VETERAN'S DAY OFFICE CLOSED	Mah Jongg @ 7:00pm		CALENDAR MEETING	4:03pm Candle	Shabbat Services @ 9:30am
	BOARD MEETING @ 7:15PM				Lighting	Havdalah @ 5:05pm
17 16 Cheshvan	18 17 Cheshvan	19 18 Cheshvan	20 19 Cheshvan	21 20 Cheshvan	22 21 Cheshvan	23 22 Cheshvan
		Mah Jongg @ 7:00pm		MINYAN	3:58pm Candle Lighting	Shabbat Services @ 9:30am
		·				Havdalah @ 5:01pm
24 23 Cheshvan	25 24 Cheshvan	26 25 Cheshvan	27 26 Cheshvan	28 27 Cheshvan	29 28 Cheshvan	30 29 Cheshvan
				THANKSGIVING	OFFICE CLOSED	Sigd
				Office Closed	3:54pm Candle	Parashat Toldos
				Yom Kippur Katan Kislev	Lighting	Mevorchim
				5:23am Fast begins 4:51pm Fast ends		Chodesh Kislev
						Havdalah @ 4:59pm