

September 2024

Av/Elul 5784



Like us on Facebook!

CONGREGATION BETH ISRAEL'S *Newsletter*



6 Dundee Park
Suite 301
Andover, MA 01810

PH: 978.474.0540

office@BethIsraelMV.org
www.BethIsraelMV.org

Congregation Beth Israel

Where the old is made new,
and the new, holy.

Congregation Beth Israel

A spiritual oasis for the Jewish community!

Moving? Email change? Please inform us of your new address.

Lach L'cha!

By Rabbi Howard Mandell



Continued on Page 3

When I was a child, my parents bought me a book of popular maxims, including such popular sayings as “[E]arly to bed and early to rise makes you healthy, wealthy, and wise.” I was so taken with this book that it soon replaced “The Arabian Nights” as my go-to book to read before going to sleep at night.

My love affair with maxims came to an abrupt end, one day, however, when, after I had quoted to an older cousin of mine, “many hands make light work”—I wanted him to help me with a chore I had-- he said in response, “[T]hat may be true, but what about “[T]oo many cooks spoil the broth.” What my cousin proceeded to point out to me that day was that, for many axioms, there is a countervailing one, which if not undermining, at least calls into question, the “truth” of the first saying.

I came to better appreciate that day just how complicated life is, and that the “truth,” in the words of Ahad Ha’Am, a famous 20th Century Israeli philosopher, is “a 100-sided object with no final answer!”

In the hope of coming closer to finding God’s “truth” with regard to many of life’s complex and “cutting edge” issues, many people understandably turn to organized religion for answers. Yet the teachings of the 3 Abrahamic Traditions confirm, rather than call into question, the complexity of life.

The following example will hopefully prove my point. While the teachings of the Roman Catholic Church are generally opposed to abortion and gay marriage, a number of recent national surveys reflect that a majority of self-identifying Catholics in this country are pro-choice and support gay marriage; furthermore, if God’s “truth” is clear with regard to abortion and gay marriage, why are some Protestant denominations opposed to gay marriage and abortion, while others are strongly pro-choice and supportive of gay marriage; and finally, even in our own religion, the Orthodox movement interprets God’s “truth” regarding these 2 issues much differently from a majority of the members in the other 3 major Jewish movements in this country.

Fortunately, the Jewish Tradition has long recognized just how complex life is, and thus teaches that an understanding of God’s will and the living of a righteous life both start with the *midah*, or character trait, of *anavah*, or “humility”.

We learn in the Talmud, for example, that Hillel and Shammai, two of the great first century C.E. rabbis, rarely agreed on any issue. Yet, according to the *stam*, or “editorial voice” of the Talmud, even when they disagreed on an issue, both Hillel and Shammai spoke “the words of the living God”. “How could this be true, if they disagreed with each other,” the Talmud asks? The answer the sages give is that they both demonstrated humility in the respectful way that they spoke and listened to each other.

It is this same humility that each of us is called upon to exhibit during the upcoming High Holy Day Season. In his 12th Century classic High Holy Day text, *Hilchot Teshuva*, “The Laws of Repentance,” Maimonides begins by reassuring us that God does not expect any of us to always speak and act in accordance with God’s will for us.

What Maimonides does say God expects from us is the following:

1st. Demonstrate the humility and the willingness to undertake a serious *heshbon hanefesh*, “a personal assessment or accounting,” of our strengths, on the one hand, and our faults and foibles, on the other, and to ask ourselves what we may have said and done well the past year, and how and when we may have fallen short of the mark in our relationships with God and with our fellow human beings.

Lach L'cha!

By Rabbi Howard Mandell



Continued from Page 2

2nd. Once we have done this, to apologize sincerely to, and ask forgiveness from, God for anything that we may have said to hurt or disappoint God. Fortunately, as our Tradition and the High Holy Day liturgy make clear, our God is a kind and compassionate God, only too willing to forgive us.

3rd. Apologize sincerely to and ask for forgiveness from our family, from our friends, and from any others whom we may have hurt or harmed during the past year. Once we have shown the humility and the courage to do this, our Tradition teaches that the person we have hurt or harmed is now called upon to accept our apology and forgive us, and

4th. To reduce the possibility or likelihood of our continuing the same speech and behavior for which we have apologized and asked for forgiveness, we are called upon to make a good faith effort to refrain from this same speech and behavior during the coming year.

Emphasizing just how forgiving and understanding our God is, Maimonides concludes his teaching by reassuring us that, if we do the above 4 things, God will forgive us for our misdeeds of the past year, even if we have done just one more thing right than wrong.

Hillel asks us, in a different context, “[I]f not now, when? With the month of Elul soon to be here, what better time for us to begin to undertake our own personal *heshbon hanefesh*, or “self-assessment; selecting, perhaps, one, at the most 2, behaviors or character traits that you would like to work on during the coming year.

If I can be of any assistance in this process or on your High Holy Day spiritual journey, please do not hesitate to let me know.

Wishing your loved ones and you a joyful and meaningful High Holy Day Season!

Rabbi Howard Mandell

CBI'S & TEMPLE BETH EL'S TREES OF LIFE

It is a Tree of Life
to those who hold fast to it!

Many special occasions in the lives of the members of our Congregation are recorded on the leaves of the Trees of Life in the Sanctuary. There is room for more!

To honor the special people and milestones in your life, please consider having a leaf engraved with a personalized sentiment.

We now also have rocks available for engraving which will ‘strengthen’ the base of the tree.



MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

By Jon Brody

Olympic Inspiration and Seeds of Hope

As fall approaches and the High Holidays are upon us, I'd be remiss not to talk about the amazing event that just captivated the world and happens every 4 years...the summer Olympics, which took place in Paris, July 26 through August 11. In fact, as you read this article, Ellen and I will just have returned from Olympia, the birthplace of where the Olympics began.

The Olympic Games, which originated in ancient Greece as many as 3,000 years ago, were revived in the late 19th century and have become the world's preeminent sporting competition. From the 8th century B.C. to the 4th century A.D., the Games were held every four years in Olympia, located in the western Peloponnese peninsula, in honor of the god Zeus. The first modern Olympics took place in 1896 in Athens, and featured 280 participants from 12 nations, competing in 43 events. Since 1994, the Summer and Winter Olympic Games have been held separately and have alternated every two years. The 2024 Summer Olympics in Paris included 329 events in 32 "sports", with over 11,000 athletes representing 203 National Olympic Committees, which in most cases are countries, but not in all cases.

I put "sports" in quotations because that is a very subjective term. You have the traditional team sports that many of us are familiar with, like basketball and volleyball. In addition, you have individual events like gymnastics or track and field which are very physically demanding sports. But then you have some target shooting events that just require you to raise your shooting hand and aim. No athleticism required. Each host nation has the option to add or take away certain events as approved through the Olympic Committee. One of this year's new events included "Breaking", commonly known as breakdancing, which originated in the Bronx in the 1970s and will not be part of the Los Angeles Olympics in 2028. Surfing, sport climbing, 3x3 basketball and skateboarding were included in Paris after making their debut in Tokyo four years earlier.

in 1972 when eight Palestinian terrorists from the militant group Black September invaded the Olympic Village on September 5 and killed two members of the Israeli team. Nine other Israelis were held hostage as the terrorists bargained for the release of 200 Palestinian prisoners in Israel. West German police from the regular Bavarian State Police ambushed the terrorists, killing five of the eight Black September members. However, the rescue attempt failed, resulting in the deaths of all the hostages. A West German police officer was also killed in the crossfire. Two days before the start of the 2016 Summer Olympics, Brazilian and Israeli officials led a ceremony where the International Olympic Committee honored the eleven Israelis and one German killed at Munich and during the 2020 Summer Olympics, a moment of silence was observed in the opening ceremony for them.

In this year's Olympics, the Israeli team had 88 athletes competing in 15 sports and ended up with 7 medals: 1 Gold (Tom Reuveny in windsurfing), 5 Silver and 1 Bronze. A record for them.

In 1992, judo champion Yael Arad brought home the first-ever medal after a 40-year wait since Israel's Olympic debut at the Helsinki Games of 1952. Twelve years ago, she joined the Olympic Committee of Israel, becoming part of the process of bringing Israel to the international level of Olympic sport. Arad brought her insights from the business world and helped implement effective metrics and financial planning. Israel understood that to improve its Olympic achievements it needed to consider its size and relative strength. To that end, five sports were chosen to receive excess funding: athletics, gymnastics, swimming, sailing, and judo.

The Olympic Committee of Israel understood that the state budget alone couldn't provide for the professional development needed to compete with leading teams, so partnerships were developed with 11 businesses, including Bank Hapoalim, Arkia, and Shufersal. A scientific-medical support system - employ-

MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

By Jon Brody

110 people – was developed to provide athletes full support in nutrition, medicine, therapy, and data analysis. It was also decided to offer significant financial rewards to winning athletes: NIS500,000 for a bronze medal, NIS750,000 for a silver, and NIS 1 million for a gold – all tax-free. This has positioned Israel as a world leader in rewarding its athletes.

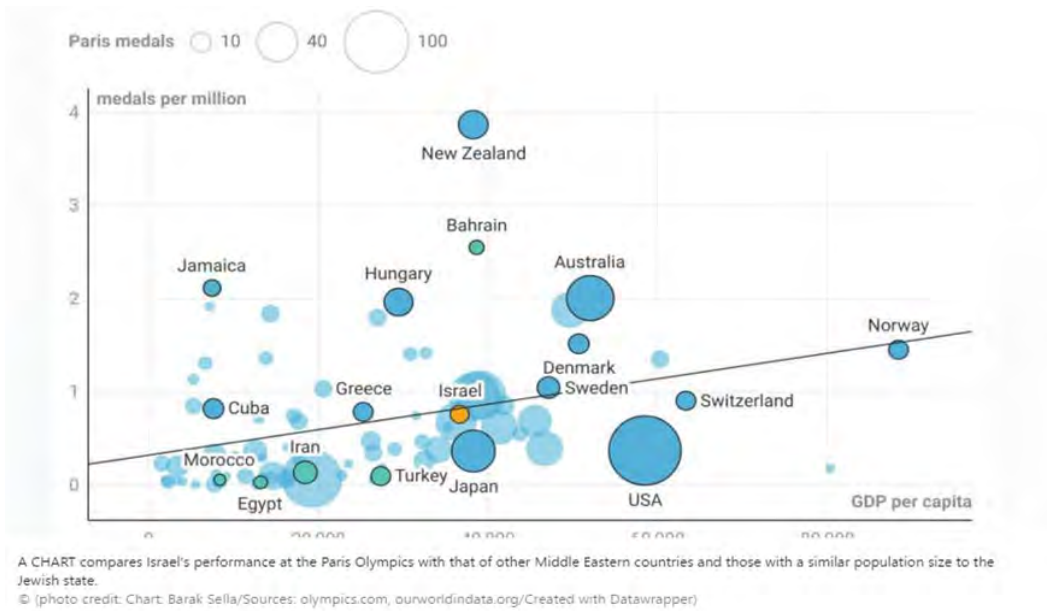
So, where does Israel stand relative to the rest of the world regarding their medal achievement?

An analysis of the 88 countries that won 1,026 medals in Paris shows a positive correlation between GDPs per capita and achieving Olympic success. After all, a country with more resources can allocate more funds to development.

Looking at the Middle East, it's clear that Israel has performed impressively compared to Arab countries (that achieved 0.75 medals per million residents). In contrast, countries such as Egypt, Jordan, Iran, and Turkey ended up with results that don't reflect their population, size, or economy. And there was great disappointment among countries like the United Arab Emirates and Saudi Arabia, for example, whose athletes went home empty-handed this year. The exception was Bahrain, winning four medals – an impressive achievement given the kingdom's small size.

But if we zoom out, it's evident that Israel's achievement in Paris was statistically normal and reflected a result that matches its population, size, and resources. When Israel won a silver and a bronze medal in 1992, it had only half its current population (5.1 million), and its GDP per capita was significantly lower. Those medals were a huge achievement. Seven medals for Israel 2024 were what is now expected.

However, looking at other countries with similar population sizes, it's clear there's still room for improvement. Hungary, for example, won 19 medals (1.9 medals per million), Sweden won 11 (1.04 medals per million), and Croatia, like Israel, garnered seven medals – but with about a third of Israel's population. What's the difference between Israel and them? For one, these countries have been hovering around 10 million residents for several decades and have established a sports tradition with impressive systems, while Israel, 30 years ago, was half its current size.



Continued on Page 6

MESSAGE OF THE MONTH FROM THE EXECUTIVE BOARD

By Jon Brody

The amazing thing about the Olympics is that for the most part, politics and nations fighting against nations are set aside for the period while the Olympics are taking place. When the boats were riding down the Siene during the opening ceremonies, the announcer discussed that one or more nations were on each boat and they were being presented in alphabetical order (with some exceptions), but then he made the comment, "Of course, Iran and Iraq need to be on separate boats even though their contingents could have fit on one." Then he mentioned Israel was sharing a boat with 3 other countries, but they were being subject to a much higher level of security for obvious reasons." The "Israeli delegation, which is being guarded by elite French tactical units, receives a few boos but a lot of cheers as athletes sail down river in armada to kick off the 2024 Games."

Russia was not present in this Olympics, but not for political reasons as in some past years or because of the Ukraine war. Most of their athletes were banned for doping issues, however 204 Russian athletes participated under the general "Refugee Olympic Committee" Team.

Many of you may have heard in the news about two South and North Korea athletes who took a smiling selfie together. That is just one of many examples of how the direct human connection of the athletes overrode the higher-level political challenges that plague our world.

In some past Olympics, I heard of specific athletes refusing to compete against athletes from specific other countries. Many of those were Arab athletes refusing to compete against an Israeli athlete, but I did not hear of those issues this year.

I think the Olympics provide a prime example of what is possible. That we can still hope for the Prayer for Peace that we read every Shabbat. "May we see the day when war and bloodshed cease, when a great peace will embrace the whole world. Then nation will not threaten nation and mankind will not again know war."

I hope you have a very meaningful and peaceful New Year filled with apples and honey and everything sweet and hope to see you at our Sukkah Party in October.





***Please join us on Sunday,
September 22nd @ 10:30am***

***For a walk through
the beautiful***

Philips Academy Bird Sanctuary

***Followed by brunch at
Tavern on 28, Andover***



PLEASE JOIN US!

**YOM KIPPUR
COMMUNITY BREAK FAST**

Saturday, October 12th

Following the conclusion of services!

Please RSVP to Janet by

Monday, October 7th!



**Please let us know if you would like to
bring something to share!**



**WELCOME TO OUR
BOOK CLUB**



**THE COMMITTEE HAS
CHOSEN THE 4 BOOKS
FOR 2024-2025!**



**NOVEMBER - "THE PEOPLE OF THE
BOOK" BY GERALDINE BROOKS**

**JANUARY - "WALKING LIONS"
BY ALELET GUNDAR-GOSHEN**

**APRIL - "LAST WATCHMAN OF OLD CAIRO"
BY MICHAEL DAVID LUKAS**



**JUNE - "GOYHOOD" BY
REUVEN FENTON**



**JEWISH SINGER -
SONGWRITER**

**CITY WINERY
80 BEVERLY ST, BOSTON**

STAGE PREMIER	\$55.00
PREMIER	\$45.00
ORCHESTRA	\$35.00
HIGH TOP	\$35.00
REAR ORCHESTRA	\$25.00



JULIE SILVER

**SUNDAY, NOV. 24TH
@ 12:00PM**

[https://citywinery.com/boston/events
/julie-silver-3sp9ws](https://citywinery.com/boston/events/julie-silver-3sp9ws)

Save the date



An Evening of Remembrance, Unity, and Hope

Monday, October 7 | 7:00 p.m.
Location TBD

On behalf of CJP, the Jewish Community Relations Council of Greater Boston, the Israeli-American Council (IAC), and the Consulate General of Israel to New England, we invite the entire community to participate in a large-scale event to commemorate the horrific attacks in Israel on October 7 and signify our collective hope for the future. Join together for an evening of solidarity as we remember the lives lost, honor survivors and heroes, affirm our communal resilience, and hope for the future of the Jewish People. *Am Yisrael Chai.*

Additional information, location, and registration details to follow.



A BETTER
CHANCE
ANDOVER

A Better Chance of Andover provides academically talented young women of color an opportunity to grow, thrive, and become leaders. Accepted Scholars attend Andover High School and go on to successful leaders with the support of so many volunteers like YOU!



Become a HOST FAMILY

"We decided to make a difference for an ABC Scholar and become a host family, but we found that she made a huge difference in our lives."
- ABC "Host Parent"

Learn more or
Sign Up



HOW YOU'LL HELP:

- Host a Scholar at your home one day a week during the school year (Tuesdays)
- Host a Scholar one weekend a month (and invite them to join family activities)
- Be that local family support for a young woman who is often far from home.

TIME COMMITMENT:

- 2 hours a week for dinner (Tuesdays)
- Friday evening – Sunday once a month

EXPERIENCE NEEDED: A loving family

WHAT YOU'LL GAIN: A lifetime of memories



HostFamily@andoverabc.org

abcandover.org

KIDDUSH SPONSORS NEEDED

We have a few dates still available for the remainder of the year. Do you have a Yahrzeit coming up? Special Birthday? How about just because?

We can do the shopping and setup for a small fee of \$75.

The following dates are available:

- ✧ September 21
- ✧ October 5
- ✧ October 19
- ✧ October 26

Please contact Janet at office@bethisraelmv.org or at 978.474.0540.

In Loving Memory

Memorial plaques for the loved ones of CBI members and friends who have passed away are on display in the CBI hallways to be viewed at any time.

To honor the memory of your loved one with a memorial or *yahrzeit* (anniversary of death) plaque at CBI, please contact Janet at 978.474.0540 or via [email](mailto:office@bethisraelmv.org). The cost is \$250 per plaque.

CBI Cares

CBI Cares is here for you.

Please notify Barbara Moverman at

Barbara.moverman@gmail.com or

Janet at

office@bethisraelmv.org if you know of someone could

UPCOMING EVENTS AND HOLIDAYS!

September 9	Board Meeting @ 7:15pm
September 22	CBI Walk @ 10:30am followed by Brunch
September 28	Selichot Services @ 7:00pm
October 2	Erev Rosh Hashanah Services @ 6:00pm
October 3	Day 1 Rosh Hashanah Services @ 8:45am
October 4	Day 2 Rosh Hashanah Services @ 8:45am
October 11	Kol Nidre @ 6:15pm
October 12	Yom Kippur Services @ 9:00am
October 14	Columbus Day—Office Closed
October 16	Erev Sukkot
October 17	Sukkot Day I & II Services @ 9:00am

Rabbi's Discretionary Fund

Consider making a donation to the Rabbi's Discretionary Fund which gives Rabbi Mandell the ability to purchase or fund items that benefit the synagogue, our members, and our neighbors in need. Kindly send your donation to Janet in the CBI office, **check made out to CBI, including the notation "RDF"**, and it will be credited accordingly.

Thank you for your generosity!



BOARD OF DIRECTORS

The CBI Board of Directors will meet on Monday, September 9th on Zoom at 7:15pm for their regularly scheduled monthly meeting.

All Board Meetings are open to the membership. If you would like to attend, RSVP no later than September 6th to Janet at 978.474.0540 or office@BethIsraelMV.org and the Zoom link will be provided, along with an agenda.

The October 2024
Bulletin deadline is
Friday, September 23, 2024

Send your articles to
Newsletter@BethIsraelMV.org with
"October Newsletter"

BIRTHDAYS & ANNIVERSARIES SEPTEMBER 2024

HAPPY BIRTHDAY

יום הולדת שמח

Mike Rose	September	1
Burt Ochs	September	5
David Rose	September	5
Ian Cuthbertson	September	7
Janet Damelin	September	7
Rich Soll	September	10
Ellen Macklin	September	10
Jonathan Brody	September	12
Eric Soll	September	14
Ted English	September	20
Rob Abbott	September	21
Chris Cook	September	27
Lily Guttentag	September	23
Hannah Moverman	September	25
Allison Soll	September	29
Rebecca Cuthbertson	September	30



HAPPY ANNIVERSARY

Adelle Stavis & Doug Cuthbertson	September 4
Mike & Merle Roesler	September 4
Howie & Tina Spector	September 5
Sarah Blumenstock & Kris Girrell	September 7

Best wishes for
many more
healthy and happy
celebrations!



Join us for Kiddush Luncheon following Shabbat Morning Services!

THANK YOU OUR AUGUST KIDDUSH / ONEG / SPECIAL EVENT SPONSORS

<u>Sponsor</u>	<u>Date</u>	<u>Occasion</u>
Elaine Winic	August 3	In memory of our departed pets
Jerry Golner	August 10	In memory of his beloved wife, Miriam Golner
Robin Pike	August 17	In memory of her beloved father, Paul Kaplan and her beloved grandfather, Louis Stillman
Jon Brody	August 17	In memory of his beloved mother, Bernice Brody
Leslie & David Silverstein	August 24	In honor of their 40th Wedding Anniversary

Donations to the Kiddush Fund are always gratefully accepted.

Upcoming dates are available to honor / remember loved ones
and / or special events / holidays.

Contact Janet for more information on Kiddush sponsorships.

Kind & Generous Donations

TEMPLE FUND

FROM

TO

OCCASION

Tina & Howie Spector Rabbi Howard Mandell Rabbi Howard Mandell	Rabbi Mandell Natalie Greenblatt Hilary Guida, CBI Cares	Refuah Shelamah! Mazel Tov on your 95 th Birthday! Thank you to who prepared meals, visits, and sent support and healing. I have great gratitude to be part of this kind and caring community!
Cindy & Burt Ochs Cindy & Burt Ochs	Rabbi Mandell Barbara & Bob Moverman	Refuah Shelamah! Mazel Tov on the birth of your granddaughter, Sydney Tomoka Sato
Cindy & Burt Ochs	Gayle & Jeff Tye	Mazel Tov on the birth of your grandson, Jonah Rafael
Cindy & Burt Ochs Lizzie!	Robin & Mike Rose	Mazel Tov on the engagement of David to
Debby & Alan Friedman granddaughter,	Barbara & Bob Moverman	Mazel Tov on the birth of your Sydney Tomoka Sato
Debby & Alan Friedman being named	Social Action Committee	In honor of the Social Action Committee Volunteers of the Year!
Rebecca Fishbein & Mitch Guttentag granddaughter,	Barbara & Bob Moverman	Mazel Tov on the birth of your Sydney Tomoka Sato
Rebecca Fishbein & Mitch Guttentag Jonah Rafael	Gayle & Jeff Tye	Mazel Tov on the birth of your grandson,
Rebecca Fishbein & Mitch Guttentag Ruthie	Cindy & Burt Ochs	Mazel Tov on the baby naming for Lina &
Rebecca Fishbein & Mitch Guttentag	Cindy Ochs	Mazel Tov on your retirement!
Rebecca Fishbein & Mitch Guttentag	Ellen & Jon Brody	Thank you for hosting another wonderful Havdalah Sangria Night
Rebecca Fishbein & Mitch Guttentag	Rabbi Howard Mandell	Wishing you a full recovery. Refuah Shelamah!
Rebecca Fishbein & Mitch Guttentag	Robin & Mike Rose	Mazel Tov on David and Lizzie's engagement!
Rebecca Fishbein & Mitch Guttentag	CBI Board	Thank you for all you do in support of our CBI community and for a lovely Annual Meeting.
Ida & Charles Marget	Lorraine Schatz	Condolences on the loss of your beloved husband, Nate.
Ellen & Jon Brody	Rabbi Mandell	Wishing you a full recovery. Refuah Shelamah!
Caren Jacobson & Blair Roberts	Rabbi Mandell	Wishing you a full recovery. Refuah Shelamah!
Caren Jacobson & Blair Roberts	Ellen & Jon Brody	Thank you for hosting another wonderful Havdalah Sangria Night.

Kind & Generous Donations

Yahrzeit Donations

MOURNER

Natalie Greenblatt
Jerry Golner
Jerry Golner
Janice Klein
Myrna Weisman
Gary Mauser
Steven Siegal
Lawrence & Zoila Feldman
Jill Schoenberg
Sheryd & David Jackson
David Brown
Jon Brody
Janet Damelin
Carole Siegal
Caren Jacobson & Blair Roberts
Mrs. Barbara Pofcher
Ken Zeller
Philip Onigman

DEPARTED

Miriam Golner, Sister
Miriam Golner, Wife
Dora Golner, Mother
Miriam Golner
Leonard Kleinbart, Father
Donald Mauser, Brother
Alvin Siegal, Father
Shirley Feldman, Mother & Mother-in-law
Lazarus "Red" Schoenberg
Norton Shapiro, Father
Herbert Victor Brown, Father
Bernice Brody, Mother
Bessie Damelin, Grandmother
Louis Sideman, Father
Ceilia Brod, Aunt
Wilmer Pofcher, Husband
Nathan Zeller, Uncle
Cynthia Onigman, Mother

Rabbi's Discretionary Fund

FROM

Debby & Alan Friedman
Elaine Winic
Barbara Brody
Rich Soll

TO

Rabbi Mandell
Rabbi Mandell
Rabbi Mandell
Rabbi Mandell

OCCASION

Wishing you a speedy recovery
Refuah Shelamah!
In memory of her beloved mother,
Bernice Brody
Wishing you a speedy recovery

Leonard C. Mandell Legacy Fund / May Their Memory Always Be For a Blessing

FROM

Rabbi Howard Mandell

The following names will be read, and people remembered at *Yahrzeit*, on Shabbat Morning

September 7 — 13 4 — 10 Elul	September 14 — 20 11 — 17 Elul	September 21 — 27 18 — 24 Elul	September 28—October 4 25 Elul — 2 Tishrei
<p>Helen Newman Alling Ethel Benjamin Evelyn Berke Jennie L. Bresth Harry Faigel Israel Feigenson Jacob Fox Louis Franks Marjorie Garnick Nathan Gedansky Pearl Gidansky Max Goldstein Lena Gustat Benjamin Hayes Rebecca Heifetz Herman Holt Benjamin Kenner Milton H. Klaiman Natalie Kremer Herman Lemkin William Levine Gertrude Marmer Tillie Milstone Jacque Elaine Lair Moore Molly Nathanson Alfred Raifman Herbert Rindler Samuel Rosengard Morris Sadagursky David Salovitch Maurice Schwartz Solomon Schwartz Michael Joseph Shapiro Marilyn Anne Green Bernstein Sheffield Celia Silverman Aaron Silverman Samuel Yafa Louis Zidle</p>	<p>Joseph Appel Brenda J. Arkin Dobrish Bord Murray Bronstein David S. Chedekel Ethel “Etty” Damelin Alta Falk Harry L. Feldman Faith Flagler Benjamin Fried Bella Yael Garber-Goldberg Solomon Golubzik Leah Gordon Harry Green Herman Hallet Sarah Halpern Jacob I. Hurwitz Fannie Klotz Milton Koor Morris Kopelman Martin Lazar David P. Lebowitz Louis Levine Anne Klein Miller Morris Milstone Vera Moskovitz Jennie S. Neyman Sarah Orenstein Marshall Pitler Robert Primak Rose Robinson Abraham Rosengard Samuel Rosenthal Ezra Schneider Bessie Scolnick Harry Sharcoff Shaina Mary Silverman Benjamin Sloan Frances Spaien</p>	<p>Blanche Alexander Eugene Isaac Alt David Averbach Ralph H. Bender Esther Berenson Louis Blotner Samuel Cohen Leah Cohen Maurice Cohen Fannie Bar- lofsky Cowan Sarah Delinsky Herbert Edelstein Ida Fisher Nathan Fleischman Sarah G. Frank Helen Gerson Benjamin Glasky Claire Goldman Abraham Goldman Rose Marks Goldman Abraham Green Philip Green Max Grossfeld Frances Harris Isaac Kamien Bella Kaplan Allan L. Levine Linda Lilienfeld Morris Macklin Harvey J. Muscovitz Eva Posner George Posner Udel Rosenberg Annie Rosenthal Melvin Salovitch Mordechai Schlau C. Allen Shapiro David Sherman Ida Silverman Jack W. Sloan Robert Yale Styman Annie Tuton Frank J. Van Greenby Leo Weirnick Manuel Weiss Martha Wilde</p>	<p>Dr. Philip Berman Elaine Berry Esther Cohen Janice Fiegleman Bernard Gerson Morris Golner Benjamin Gonshorek Frank H. Greenberg Jennie Greenberg Sophie Lax Jacobson William Korobkin Albert Kotzen Eva Lebowitz Melvin Loftus Ethel Lena Rick Isadore Robinson Marlene Schneider Lazarus "Red" Schoenberg Rose Seltzer Irving B. Sideman Jennie Silverman George Sloan Morris W. Stoloff Julio B. Topp Clara Wicholas</p>

COMMUNITY NOTICES

מזל טוב מזל טוב - MAZEL TOV, CONGRATULATIONS

Leslie & David Silverstein on their 40th Wedding Anniversary

תודה רבה - TODAH RABAH, THANK YOU

Rebecca Fishbein & Mitch Guttentag for hosting a wonderful
Shabbat on the Road

Jon Brody & Burt Ochs for installing the cameras and software

Hilary Guida for coordinating the meals for the Rabbi

Everyone who participated in the Tish'a B'av service

רפואה שלמה - RAFUAH SHLEMAH

Burt Ochs

THURSDAY NIGHT MINYAN

**Regularly scheduled on the 1st & 3rd
Thursdays of each month**

September 5 & 19

You are invited to join us whenever you can to support the congregants and friends who are in mourning or observing a yahrzeit of a loved one.

Please let Janet know if you plan on attending by the Wednesday before by clicking here:

office@bethisraelmv.org and we will email you the Zoom link.

Advertisers

*Family owned and operated for
5 generations in the Merrimack Valley*

Farmer

H.L. FARMER & SONS

FUNERAL HOMES

978.372.9311

106 Summer St., Haverhill
210 So. Main St., Bradford

www.farmerfuneralhomes.com

Complete Cleaning Company

Carpets
&
Upholstery

Rich Bouchard
978-975-1074

Cowan Insurance Agency, Inc.

359 Main Street
Haverhill, MA 01830

Phone: (978) 372-1451

Fax: (978) 521-4669

E-mail: stef@cowaninsurance.com

Specializing in Business & Personal
Insurance



GOLDMAN FUNERAL CHAPEL

174 Ferry Street
Malden, MA 02148

HARVEY GOLDMAN
JAY GOLDMAN

Boston Area: 781-324-1122

Toll Free: 800-982-3717

Fax: 781-324-7553

Email: goldmanfc@comcast.net

LARRY LEVINE'S
MEATS & DELI

Tel: (978) 535-6449
Fax: (978) 535-6816

474 Lowell Street
Peabody, MA 01960

todd@levineskoshermkt.com

<http://www.levineskoshermkt.com>

LISTEN TO COMMUNITY LEADER

JIM SHANKER AND GUESTS

DISCUSS CURRENT EVENTS ~ LITERATURE ~ HOLIDAYS ~
POLITICS ~ ISRAEL ~ MUSIC ~ HALACHA ~ AND MORE

L'CHAIM
JEWISH INTERACTIVE RADIO

FRIDAY @10AM ~ SUNDAY @7PM

980 AM / WWW.980WCAP.COM / ANY RADIO APP

YOU CAN BE PART OF THE SHOW!



Beth El Cemetery Chelmsford

Serving Congregation Beth Israel and
The Merrimack Valley Jewish Community

Impeccably Maintained
Mixed Religion Burial Area
Quiet and Serene Setting

For a guided tour of the cemetery and to discuss
availability and costs of burial plots, go to

bethelcemeteryma.org/contacts

Jim Shinker, President
Howie Flagler, Vice President



Since 1948

IRA GOLD



WHITE STREET
PAINT AND WALLPAPER COMPANY, INC.
COMMERCIAL • INDUSTRIAL • ARCHITECTURAL • RESIDENTIAL

1109 Osgood Street Tel: 978-688-4442
N. Andover, MA 01845 Fax: 978-794-8694



RR Dumpster rental

Pickup Removal

We also do Junk Removal
cell 508-918-8000


JNF TREE CERTIFICATES ARE AVAILABLE AT CBI

For a contribution of \$18 (same price as online at the JNF website), you can request a **personalized** JNF Trees for Israel certificate be sent to the recipient of your choice, for any occasion!

What a meaningful way to honor, memorialize and celebrate friends and loved ones at birthdays, anniversaries, accomplishments, b'nei mitzvah, weddings, births, healing, get well wishes, and more!

Please call or [email](mailto:amy@jnf.org) Amy in the office for more information and to order your certificates today!

To learn more about the work of Jewish National Fund, visit their website, www.jnf.org.





*Honoring Jewish Funeral Traditions
For Over 70 Years*



Professional, Dignified, Compassionate Service

Morse-Bayliss Funeral Home

122 Princeton Boulevard, The Highlands, Lowell, MA 01851 morsebayliss@gmail.com

978-458-6841

www.morsebaylissfuneralhome.com



Confidential, Expert Guidance on:

- Pre-Planned Funerals
- Medicaid Eligibility

Funeral Directors

James Dolan II, Lic. Type 3
Andrew Dolan, Lic. Type 3
Frederick W. Healy, Lic. Type 6
Dennis Graham, Lic. Type 6

Board of Directors



EXECUTIVE BOARD

President	Jeffrey Tye
Vice President, Programming	Caren Jacobson
Vice President, Finance	Jonathan Brody
Clerk	Sarah Blumenstock

Rabbi Howard Mandell

Rabbi Mandell is available by calling the Synagogue or via email, RabbiMandell@BethIsraelMV.org

Synagogue Office Hours

9:00 am - 5:00 pm
Monday - Friday

It's always a good idea to call/email prior to making a trip to the Synagogue to be sure someone is available to greet you.

Phone: 978.474.0540

office@BethIsraelMV.org

DIRECTORS

Hilary Guida	Philip Onigman
Judith Mizner	Bill Shek
Bob Moverman	Elaine Winic
Rick Pike	

PAST PRESIDENTS

Robin Rose	Tanya Gould
Howard Flagler	Howard Spector
Jim Shanker	

CBI Email Addresses

STAFF / LEADERSHIP / COMMITTEES

Rabbi Howard Mandell = RabbiMandell@BethIsraelMV.org
 Administrator, Janet Damelin = office@BethIsraelMV.org
 President, Jeff Tye = JTMedic1@comcast.net
 Vice President, Programming, Caren Jacobson = carenblair@aol.com
 Vice President, Finance/Treasurer, Jonathan Brody = jonbrody@comcast.net
 Clerk, Sarah Blumenstock = sarahbg@verizon.net
 Back To Shul Task Force, Caren Jacobson = carenblair@aol.com
 CBI Cares, Barbara Moverman = CBICares@BethIsraelMV.org
 Newsletter, Janet Damelin = newsletter@BethIsraelMV.org
 Social Action / Chesed, Susannah Abbott & Amy Friedman Lee = SocialAction@BethIsraelMV.org
 Webmaster, Rick Pike = webmaster@BethIsraelMV.org
 Website, Robin Rose = rmrose6016@verizon.net

Labor Day

September 2024

Av — Elul 5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 28 Av	2 29 Av LABOR DAY OFFICE CLOSED 4:43AM Fast begins Yom Kippur Katan Elul 7:51pm Fast ends	3 30 Av Rosh Chodesh Elul Mah Jongg @ 7:00pm	4 1 Elul Rosh Hashana LaBehemot Rosh Chodesh Elul	5 2 Elul MINYAN	6 3 Elul 6:51pm Candle Lighting OFFICE CLOSED	7 4 Elul Shabbat Services @ 9:30am Havdalah @ 7:50pm
8 5 Elul	9 6 Elul Board Meeting @ 7:15pm on Zoom OFFICE CLOSED	10 7 Elul Mah Jongg @ 7:00pm	11 8 Elul	12 9 Elul	13 10 Elul 6:39pm Candle Lighting	14 11 Elul Shabbat Services @ 9:30am Havdalah @ 7:37pm
15 12 Elul	16 13 Elul	17 14 Elul Mah Jongg @ 7:00pm	18 15 Elul	19 16 Elul Minyan @ 7:00PM	20 17 Elul 6:26pm Candle Lighting	21 18 Elul Shabbat Services @ 9:30am Havdalah @ 7:25pm
22 19 Elul CBI WALK @ 10:30AM FOLLOWED BY BRUNCH	23 20 Elul	24 21 Elul Mah Jongg @ 7:00pm SOCIAL ACTION COMMITTEE MEETING	25 22 Elul	26 23 Elul	27 24 Elul 6:14pm Candle Lighting	28 25 Elul Shabbat Services @ 9:30am Leil Selichot Service @ 7:00PM Havdalah @ 7:12pm
29 26 Elul Setup Synagogue for the High Holidays	30 27 Elul					



October 2024

Elul 5784 — Tishrei 5785

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 28 Elul Mah Jongg @ 7:00pm	2 29 Elul Erev Rosh Hashanah Service @ 6:00pm 6:05pm Candle Lighting	3 1 Tishrei Rosh Hashanah 5785 Day 1 Services at 8:45am 7:03 Candle lighting	4 2 Tishrei Rosh Hashanah 5785 Day II Services @ 8:45am 6:01pm Candle Lighting	5 3 Tishrei Shabbat Services @ 9:30am Shabbat Shuvah Havdalah @ 7:50pm
6 4 Tishrei 5:25am Fast Begins Tzom Gedallah 6:50pm Fast Ends	7 5 Tishrei CJP Evening of Remembrance	8 6 Tishrei Mah Jongg @ 7:00pm	9 7 Tishrei	10 8 Tishrei	11 9 Tishrei Erev Yom Kippur Kol Nidre @ 6:15pm 5:49pm Candle Lighting	12 10 Tishrei Yom Kippur Services @ 9:00am Break Fast at CBI following Ma'ariv Havdalah @ 6:48pm
13 11 Tishrei	14 12 Tishrei Office Closed Columbus Day/ Indigenous Peoples Day	15 13 Tishrei Mah Jongg @ 7:00pm	16 14 Tishrei Erev Sukkot 5:41pm Candle Lighting	17 15 Tishrei Sukkot Day I Services @ 9:00am 6:40pm Candle Lighting	18 16 Tishrei Sukkot Day II Services @ 9:00am 5:38pm Candle Lighting	19 17 Tishrei Shabbat Services @ 9:30am Sukkot III Havdalah @ 6:37pm
20 18 Tishrei Sukkot IV Sukkot Party	21 19 Tishrei Sukkot V Board Meeting @ 7:15pm on Zoom	22 20 Tishrei Sukkot VI Mah Jongg @ 7:00pm	23 21 Tishrei Sukkot VII Hoshana Raba 5:31pm Candle Lighting	24 22 Tishrei Shmini Atzeret Yizkor Services @ 9:00am 6:30pm Candle Lighting Erev Simchat Torah Services @ 7:00pm	25 23 Tishrei Simchat Torah Services @ 9:00am 5:29pm Candle Lighting	24 25 Elul Shabbat Services @ 9:30am Mevorchim Chodesh Cheshvan Havdalah @ 7:12pm
27 25 Tishrei	28 26 Tishrei	29 27 Tishrei	30 28 Tishrei	31 29 Tishrei		