



August 18, 2023 / 1 Elul 5783

Shalom:

Today, the 1st of *Elul*, reminding us that the High Holy Days are just one month away, beginning on the 1st of Tishrei, which Erev Rosh Hashanah falling this year on the evening of Friday, September 15th. The month of *Elul*, in the Jewish Tradition, is a time to begin our spiritual preparation for the High Holy Day season, a time of self-reflection and repentance. There are a number of ways to undertake this preparation, and Rabbi Mandell has provided and will continue to provide you with resources to do so, one of which is MyJewishLearning.com.

The CBI Board is pleased to announce that Cantorial Soloist Mindy Harris will return to CBI again this year in the role of *Shelicha Tzibbur*. She will be working with Bashert, our cellist on *Kol Nidre*, Sara Wilkens, and Rabbi Mandell to offer joyful and meaningful services.

Please read this entire communication as several items have changed.

The enclosed High Holy Day 5784 package includes:

- ✧ Cemetery Visitation Schedule
- ✧ Schedule of Services
- ✧ Attendance Information Form
- ✧ Donation / Payment Form

Members who are in good standing by having made an Annual Fund Pledge or made donations of at least \$350 this year will be admitted to services in person or via Zoom. Additionally, your children who are enrolled in college or serve in the military will also be welcomed at no charge. *We are pleased to offer, once again, special pricing for CBI members who wish to have multiple extended family (i.e., grown children/spouses/parents) join us for services, and that special rate is \$250.*

Additional guest tickets may be purchased in advance, as follows:

- ✧ Rosh Hashanah OR Yom Kippur - \$175 per ticket
- ✧ All High Holy Days - \$300 per ticket

The High Holy Days are a time, when each Jewish person is encouraged to be part of the greater Jewish community and to attend services in community. The Rabbi and the Board of CBI do not want anyone not to attend services solely for financial reasons. If you would like to attend services and be part of the CBI community this High Holy Day season. If finances are an issue, please contact Jon Brody at jonbrody@comcast.net and every effort will be made to find a way to enable you to attend.

Guests who are members in good standing at a another synagogue may join us at no cost for services simply by requesting that a 'Letter of Reciprocity' from their synagogue be sent to us by no later than September 8th.

Similarly, if a CBI member plans to attend services at another congregation, contact me as soon as possible and we will provide a “Letter of Reciprocity” so that you may hopefully be able to attend at no cost.

Machzorim are available to pick up at CBI during regular business hours, Monday - Thursday 9:30am – 4:00pm and Friday 9:30am – 2:00pm, or at other pre-arranged times. If a delivery is needed, please let us know by no later than Friday, September 8th.

Because this is such a busy time of the year here at the synagogue, with so much to do, we would greatly appreciate you complying with the following time deadlines, so that we can accomplish everything that needs to be done in a timely manner.

A Memory Book communication was previously sent (via USPS and email links in the Weekly E-News), and we need any changes or additions regarding your loved ones to be sent to CBI by **Monday, August 28th**, so that we will have time to ensure that they be included in this year’s Memory Book.

A MESSAGE FROM RABBI MANDELL:

1. *Birkat HaGomel* and *Misheberach* Prayers for the Sick and Those in Need

Please let Janet know, at your earliest convenience, the Hebrew and/or English names of those for whom you would like us to say a *Misheberach* prayer for healing and blessing, as well as those who may have delivered a child, recovered from a serious illness or returned from a trip and would like for us to say a *Birkat HaGomel* prayer. We will not, on *Rosh Hashanah* and *Yom Kippur*, be going around the Sanctuary or asking on Zoom, individually, for names.

UPDATED COVID GUIDELINES FOR HIGH HOLIDAYS (AND OTHER) SERVICES ARE AS FOLLOWS:

- ✧ Proof of vaccination is not required.
- ✧ Masking is not required, but do feel free to mask if you wish or if you need to.
- ✧ Seating in “pods” or prearranged groups is not required; feel free to sit wherever is comfortable for you.
- ✧ As always, if you are not feeling well, please stay home and attend services virtually (on Zoom).

If you have any questions at all about the material included herein, or about the High Holy Days, in general, please don’t hesitate to contact me.

We join together in sending best wishes to you and your loved ones for a very happy, healthy, peaceful, and sweet New Year 5784! L’Shanah Tovah! *לשנה טובה!*

B’Shalom,

Janet Damelin

The Board

The Rabbi

P.S. The materials included in this package are available on the CBI website, <https://www.BethIsraelMV.org>, under the Resources tab.



HIGH HOLY DAYS 2023 / 5784 ~ SCHEDULE OF SERVICES

Friday, September 15 ~ Erev Rosh Hashanah 6:00pm

Saturday, September 16 ~ Rosh Hashanah Day One

- Birkot Ha'shachar 8:45 am
- Shacharit 9:00 am
- Torah Service 9:35 am
- Rabbi's Sermon 10:55 am
- Musaf Service 11:25 am
- Ma'ariv 7:30 pm

Sunday, September 17 ~ Rosh Hashanah Day Two

- Birkot Ha'shachar 8:45 am
- Shacharit 9:00 am
- Torah Service 9:35 am
- Rabbi's Sermon 10:55 am
- Musaf Service 11:25 am

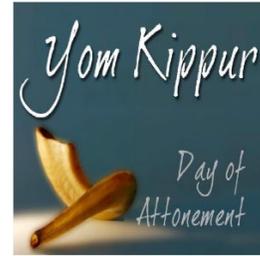
Sunday, September 24 ~ Erev Yom Kippur

- Kol Nidre 6:30 pm

Monday, September 25 ~ Yom Kippur Day

- Birkot Ha'shachar 8:45 am
- Shacharit 9:00 am
- Torah Service 9:35 am
- Yizkor Service 10:05 am
- Rabbi's Sermon 11:00 am
- Musaf Service 11:30 am
- Mincha Service 4:30 pm
- Ne'ilah (followed by Havdalah and Ma'ariv) 5:35 pm

Please note ~ Except for starting times, all other posted times are approximate.



**Congregation Beth Israel
of the
Merrimack Valley
6 Dundee Park**

Please join us for meaningful High Holiday Services.
High Holiday tickets are available for guests as follows:

☆	Rosh Hashanah or Yom Kippur	\$175/each
☆	Both Holidays	\$300/each

Schedule of Services

☆	Friday, September 15 ~ Erev Rosh Hashanah	6:00pm
☆	Saturday, September 16 ~ Rosh Hashanah -Day One Ma'ariv	8:45am 7:30pm
☆	Sunday, September 17 ~ Rosh Hashanah Day Two	8:45am
☆	Sunday, September 24 ~ Erev Yom Kippur Kol Nidre	6:15 pm
☆	Monday, September 25 ~ Yom Kippur Day Mincha, Ne'ilah (followed by Havdalah and Ma'ariv)	8:45am 4:30pm

Please note ~ Except for starting times, all other posted times are approximate.

Please contact Janet at office@bethisraelmv.org or call 978.474.0540.



Cemetery Visitation Schedule
5783 - 5784

Children of Abraham Cemeteries
Montefiore Cemetery
Temple Beth El Cemetery

Children of Abraham Cemeteries, Beacon Street, Lawrence, are always open – no schedule is necessary.

Please stop by and notice the significant renovations that have been completed over the past year.

Montefiore Cemetery, Coburn Road / Pulpit Rock Road, Pelham, NH will be open for visitation on:

- | | |
|------------------------|------------------|
| ☆ Sunday, August 20 | 9:30am – 12:00pm |
| ☆ Sunday, August 27 | 9:30am – 12:00pm |
| ☆ Sunday, September 10 | 9:30am – 12:00pm |

Temple Beth El Cemetery, Waverly Avenue, Chelmsford, MA will be open for visitation on:

- | | |
|--------------------------|------------------|
| ❖ Sunday, September 10th | 9:30am – 12:00pm |
|--------------------------|------------------|

Arrangements for visitation at other times can be made by contacting Jim Shinker at jshinker@juno.com.

May the memory of all our loved ones be a source of blessing to us in the coming year.

Congregation Beth Israel
Attendance Information Form
5784

**We need for everyone who plans on attending services to make a reservation to attend services
(in person or virtually).**

Please fill out and return by no later than Friday, September 8th.

We would ask that you please provide who will be attending services with you, in person and/or virtually.

Name: _____ Phone or Email: _____

The following individuals will be attending High Holy Day services:

Name: _____ Member _____ Guest _____

Please use the reverse side to list additional members/guests. Total Members ____ Total Guests ____

Please check one: Attendance will be in person OR virtually OR combination.

For virtual attendance, please list the name/email/phone for each device logging in. Each name/email/phone/device must be pre-registered to join each event.

Machzor Lev Shalem

- ☆ *Machzorim* are available to pick up at CBI during regular business hours, Monday - Thursday, 9:30am – 3:30pm, and Friday, 9:30am-2pm or at other times by arrangement with Janet in the CBI Office. If a delivery is needed, please let us know by Friday, September 8th.
- ☆ We have a very limited supply of large print copies of Machzor Lev Shalem. Do you need one?
Yes / No – please circle one.

Congregation Beth Israel
Donation / Payment Form
5784

All forms & payment are due by no later than Friday, September 8th.

Name: _____

Technology Donation

Additional costs associated with offering virtual programming, we suggest a minimum donation of *chai*, \$18 \$ _____

Guests Attending Services

Please indicate service(s) attending:

- | | <u># tickets</u> | | |
|--|------------------|---------------|----------|
| <input type="checkbox"/> Rosh HaShanah OR Yom Kippur | _____ | x \$175 each | \$ _____ |
| <input type="checkbox"/> Both holidays | _____ | x \$300 total | \$ _____ |
| <input type="checkbox"/> CBI Member Family Guest Special - \$250 | | | \$ _____ |

Total amount \$ _____

Please mark payment method:

Check or PayPal

Apply to Annual Pledge

Return forms to: CBI, 6 Dundee Park, Suite 301, Andover, MA 01810, along with payment.

A credit card payment can be made through the PayPal link on our website,
<http://www.BethIsraelMV.org>.

We ask that you please include the 3% fee that we are assessed for this convenience. Thank you!

Please don't hesitate to call/email with any questions you may have: 978.474.0540,
office@BethIsraelMV.org.